

Abschnitt 1

Wettkampf 1

800m Freistil weiblich

Wettkampf 2

800m Freistil männlich

Wettkampf 3

1500m Freistil männlich

Wettkampf 1 - 800m Freistil weiblich

Jahrgang	1989 und älter	1990 - 1991	1992	1993	1994	1995	1996	1997
Pflichtzeit	12:10,00	12:10,00	12:20,00	12:30,00	12:40,00	13:00,00	13:30,00	14:00,00
Jahrgang	1998							
Pflichtzeit	15:00,00							

Jg. 99

1.	Jana Albers	1999	SG Schwimmen Münster	11:47,49	345
	100m: 01:21,15 (01:21,15)	200m: 02:50,05 (01:28,90)	300m: 04:20,78 (01:30,73)		
	400m: 05:49,56 (01:28,78)	500m: 07:20,25 (01:30,69)	600m: 08:50,53 (01:30,28)		
	700m: 10:19,87 (01:29,34)	800m: 11:47,49 (01:27,62)			
2.	Greta Baum	1999	SG Schwimmen Münster	13:15,90	242
	100m: 01:33,30 (01:33,30)	200m: 03:15,43 (01:42,13)	300m: 04:54,93 (01:39,50)		
	400m: 06:33,87 (01:38,94)	500m: 08:14,49 (01:40,62)	600m: 09:56,43 (01:41,94)		
	700m: 11:36,09 (01:39,66)	800m: 13:15,90 (01:39,81)			
3.	Sophie Wasmer	1999	SG Schwimmen Münster	13:58,94	206
	100m: 01:30,81 (01:30,81)	200m: 03:14,38 (01:43,57)	300m: 05:08,00 (01:53,62)		
	400m: 06:55,62 (01:47,62)	500m: 08:44,84 (01:49,22)	600m: 10:33,81 (01:48,97)		
	700m: 12:21,75 (01:47,94)	800m: 13:58,94 (01:37,19)			
4.	Lina Amshoff	1999	SV Epe 1959	14:36,60	181
	100m: 01:35,50 (01:35,50)	200m: 03:27,10 (01:51,60)	300m: 05:18,80 (01:51,70)		
	400m: 07:13,00 (01:54,20)	500m: 09:07,70 (01:54,70)	600m: 11:01,00 (01:53,30)		
	700m: 12:53,30 (01:52,30)	800m: 14:36,60 (01:43,30)			

Jg. 98

1.	Laura Goldbach	1998	SG Gladbeck	11:24,86	380
	100m: 01:19,70 (01:19,70)	200m: 02:46,02 (01:26,32)	300m: 04:12,73 (01:26,71)		
	400m: 05:39,64 (01:26,91)	500m: 07:07,45 (01:27,81)	600m: 08:34,70 (01:27,25)		
	700m: 10:01,32 (01:26,62)	800m: 11:24,86 (01:23,54)			
2.	Grete Steiner	1998	Bezirk Nordwestfalen	12:02,98	323
	100m: 01:22,71 (01:22,71)	200m: 02:54,93 (01:32,22)	300m: 04:27,83 (01:32,90)		
	400m: 06:00,37 (01:32,54)	500m: 07:33,12 (01:32,75)	600m: 09:04,03 (01:30,91)		
	700m: 10:35,62 (01:31,59)	800m: 12:02,98 (01:27,36)			
3.	Ronja Droppelmann	1998	SG Schwimmen Münster	12:10,29	313
	100m: 01:23,99 (01:23,99)	200m: 02:55,43 (01:31,44)	300m: 04:27,59 (01:32,16)		
	400m: 05:59,75 (01:32,16)	500m: 07:33,49 (01:33,74)	600m: 09:07,21 (01:33,72)		
	700m: 10:39,75 (01:32,54)	800m: 12:10,29 (01:30,54)			
4.	Annalena Felker	1998	SG Gladbeck	12:27,65	292
	100m: 01:23,78 (01:23,78)	200m: 02:59,00 (01:35,22)	300m: 04:34,03 (01:35,03)		
	400m: 06:09,14 (01:35,11)	500m: 07:44,77 (01:35,63)	600m: 09:21,53 (01:36,76)		
	700m: 10:57,02 (01:35,49)	800m: 12:27,65 (01:30,63)			
5.	Jacqueline Jarocki	1998	SV Neptun Erkenschwick	12:38,75	279
	100m: 01:22,53 (01:22,53)	200m: 02:58,65 (01:36,12)	300m: 04:33,65 (01:35,00)		
	400m: 06:12,53 (01:38,88)	500m: 07:48,78 (01:36,25)	600m: 09:25,56 (01:36,78)		
	700m: 11:00,87 (01:35,31)	800m: 12:38,75 (01:37,88)			
6.	Vanessa Neteler	1998	SG Schwimmen Münster	13:04,75	252
	100m: 01:27,83 (01:27,83)	200m: 03:07,08 (01:39,25)	300m: 04:46,88 (01:39,80)		
	400m: 06:29,43 (01:42,55)	500m: 08:11,46 (01:42,03)	600m: 09:53,81 (01:42,35)		
	700m: 11:35,12 (01:41,31)	800m: 13:04,75 (01:29,63)			
7.	Maria Heming	1998	SG Gladbeck	13:16,45	241
	100m: 01:30,03 (01:30,03)	200m: 03:11,42 (01:41,39)	300m: 04:52,53 (01:41,11)		
	400m: 06:34,31 (01:41,78)	500m: 08:16,44 (01:42,13)	600m: 09:58,99 (01:42,55)		
	700m: 11:40,03 (01:41,04)	800m: 13:16,45 (01:36,42)			
8.	Nele Deyke	1998	SG Gladbeck	13:26,76	232
	100m: 01:30,00 (01:30,00)	200m: 03:09,87 (01:39,87)	300m: 04:51,25 (01:41,38)		
	400m: 06:35,40 (01:44,15)	500m: 08:21,25 (01:45,85)	600m: 10:05,65 (01:44,40)		
	700m: 11:45,00 (01:39,35)	800m: 13:26,76 (01:41,76)			
9.	Anna Paganetty	1998	SV Epe 1959	14:10,43	198
	100m: 01:34,27 (01:34,27)	200m: 03:21,46 (01:47,19)	300m: 05:11,56 (01:50,10)		
	400m: 07:01,34 (01:49,78)	500m: 08:54,15 (01:52,81)	600m: 10:44,56 (01:50,41)		
	700m: 12:32,27 (01:47,71)	800m: 14:10,43 (01:38,16)			
10.	Britt Hansen	1998	SV Epe 1959	14:52,79	171
	100m: 01:37,12 (01:37,12)	200m: 03:29,19 (01:52,07)	300m: 05:22,85 (01:53,66)		
	400m: 07:18,09 (01:55,24)	500m: 09:14,72 (01:56,63)	600m: 11:10,62 (01:55,90)		
	700m: 13:05,03 (01:54,41)	800m: 14:52,79 (01:47,76)			

Wettkampf 1 - 800m Freistil weiblich

Jg. 98

11.	Laura Dieckmann	1998	SG Gladbeck	14:53,15	171	
	100m: 01:37,87 (01:37,87)	200m: 03:31,12 (01:53,25)	300m: 05:25,38 (01:54,26)			
	400m: 07:18,94 (01:53,56)	500m: 09:16,28 (01:57,34)	600m: 11:12,66 (01:56,38)			
	700m: 13:05,56 (01:52,90)	800m: 14:53,15 (01:47,59)				
12.	Lena Schimankowitz	1998	SV Neptun Erkenschwick	15:40,83	146	EnM
	100m: 01:48,92 (01:48,92)	200m: 03:51,68 (02:02,76)	300m: 05:50,40 (01:58,72)			
	400m: 07:50,93 (02:00,53)	500m: 09:49,85 (01:58,92)	600m: 11:48,62 (01:58,77)			
	700m: 13:46,37 (01:57,75)	800m: 15:40,83 (01:54,46)				

Jg. 97

1.	Nina Steiger	1997	SG Gladbeck	10:28,61	491	
	100m: 01:12,30 (01:12,30)	200m: 02:30,90 (01:18,60)	300m: 03:50,17 (01:19,27)			
	400m: 05:09,62 (01:19,45)	500m: 06:30,27 (01:20,65)	600m: 07:51,49 (01:21,22)			
	700m: 09:11,30 (01:19,81)	800m: 10:28,61 (01:17,31)				
2.	Anna-Lena Schneider	1997	SG Schwimmen Münster	11:17,54	392	
	100m: 01:20,02 (01:20,02)	200m: 02:45,64 (01:25,62)	300m: 04:12,57 (01:26,93)			
	400m: 05:38,51 (01:25,94)	500m: 07:05,07 (01:26,56)	600m: 08:29,95 (01:24,88)			
	700m: 09:55,48 (01:25,53)	800m: 11:17,54 (01:22,06)				
3.	Celine Dämmer	1997	SVg Bottrop 1924 e.V.	11:24,67	380	
	100m: 01:19,28 (01:19,28)	200m: 02:45,31 (01:26,03)	300m: 04:11,94 (01:26,63)			
	400m: 05:39,47 (01:27,53)	500m: 07:06,09 (01:26,62)	600m: 08:33,09 (01:27,00)			
	700m: 09:58,62 (01:25,53)	800m: 11:24,67 (01:26,05)				
4.	Kim Uhlendorf	1997	SG Gladbeck	11:29,54	372	
	100m: 01:16,16 (01:16,16)	200m: 02:41,72 (01:25,56)	300m: 04:09,27 (01:27,55)			
	400m: 05:38,43 (01:29,16)	500m: 07:08,31 (01:29,88)	600m: 08:38,06 (01:29,75)			
	700m: 10:06,56 (01:28,50)	800m: 11:29,54 (01:22,98)				
5.	Judith Epping	1997	SG Gladbeck	11:39,77	356	
	200m: 02:52,46 (02:52,46)	300m: 04:21,39 (01:28,93)	400m: 05:49,99 (01:28,60)			
	500m: 07:18,68 (01:28,69)	600m: 08:47,58 (01:28,90)	700m: 10:16,71 (01:29,13)			
	800m: 11:39,77 (01:23,06)					
6.	Inga Lis Schuten	1997	SG Gladbeck	12:02,82	323	
	100m: 01:25,48 (01:25,48)	200m: 02:57,23 (01:31,75)	300m: 04:29,64 (01:32,41)			
	400m: 06:01,32 (01:31,68)	500m: 07:33,32 (01:32,00)	600m: 09:04,36 (01:31,04)			
	700m: 10:35,76 (01:31,40)	800m: 12:02,82 (01:27,06)				
7.	Nina Marnett	1997	SG Gladbeck	12:10,61	313	
	100m: 01:23,06 (01:23,06)	200m: 02:56,13 (01:33,07)	300m: 04:29,33 (01:33,20)			
	400m: 06:04,36 (01:35,03)	500m: 07:37,83 (01:33,47)	600m: 09:13,08 (01:35,25)			
	700m: 10:45,23 (01:32,15)	800m: 12:10,61 (01:25,38)				
8.	Isa van den Bosch	1997	SG Schwimmen Münster	12:10,92	312	
	100m: 01:25,05 (01:25,05)	200m: 02:57,29 (01:32,24)	300m: 04:30,81 (01:33,52)			
	400m: 06:05,74 (01:34,93)	500m: 07:40,68 (01:34,94)	600m: 09:14,89 (01:34,21)			
	700m: 10:47,05 (01:32,16)	800m: 12:10,92 (01:23,87)				
9.	Janine Kusch	1997	SVg Bottrop 1924 e.V.	12:22,96	297	
	100m: 01:23,64 (01:23,64)	200m: 02:54,99 (01:31,35)	300m: 04:28,33 (01:33,34)			
	400m: 06:05,59 (01:37,26)	500m: 07:42,43 (01:36,84)	600m: 09:19,52 (01:37,09)			
	700m: 10:55,75 (01:36,23)	800m: 12:22,96 (01:27,21)				
10.	Laura Heuer	1997	SV Epe 1959	12:26,71	293	
	100m: 01:25,75 (01:25,75)	200m: 02:59,43 (01:33,68)	300m: 04:34,09 (01:34,66)			
	400m: 06:08,31 (01:34,22)	500m: 07:43,59 (01:35,28)	600m: 09:18,87 (01:35,28)			
	700m: 10:53,75 (01:34,88)	800m: 12:26,71 (01:32,96)				
11.	Sina Wellinghorst	1997	SV Epe 1959	12:30,11	289	
	100m: 01:20,31 (01:20,31)	200m: 02:53,77 (01:33,46)	300m: 04:29,44 (01:35,67)			
	400m: 06:06,03 (01:36,59)	500m: 07:43,96 (01:37,93)	600m: 09:22,91 (01:38,95)			
	700m: 10:59,97 (01:37,06)	800m: 12:30,11 (01:30,14)				
12.	Ann-Katrin Borgert	1997	SV Epe 1959	12:41,79	276	
	100m: 01:25,27 (01:25,27)	200m: 02:59,74 (01:34,47)	300m: 04:37,72 (01:37,98)			
	400m: 06:14,49 (01:36,77)	500m: 07:52,37 (01:37,88)	600m: 09:31,25 (01:38,88)			
	700m: 11:11,74 (01:40,49)	800m: 12:41,79 (01:30,05)				
13.	Laura Struckmann	1997	SV TuS 1925 Herten	13:02,49	255	
	100m: 01:29,90 (01:29,90)	200m: 03:12,28 (01:42,38)	300m: 04:52,34 (01:40,06)			
	400m: 06:32,25 (01:39,91)	500m: 08:11,34 (01:39,09)	600m: 09:49,03 (01:37,69)			
	700m: 11:29,44 (01:40,41)	800m: 13:02,49 (01:33,05)				
14.	Ganze Varol	1997	SG Gladbeck	13:13,69	244	
	100m: 01:23,65 (01:23,65)	200m: 03:01,60 (01:37,95)	300m: 04:42,58 (01:40,98)			
	400m: 06:25,39 (01:42,81)	500m: 08:06,64 (01:41,25)	600m: 09:47,89 (01:41,25)			
	700m: 11:30,95 (01:43,06)	800m: 13:13,69 (01:42,74)				
15.	Julia Lauschus	1997	SG Gladbeck	13:49,53	214	
	100m: 01:29,33 (01:29,33)	200m: 03:10,81 (01:41,48)	300m: 04:56,21 (01:45,40)			
	400m: 06:43,77 (01:47,56)	500m: 08:31,93 (01:48,16)	600m: 10:19,03 (01:47,10)			
	700m: 12:08,77 (01:49,74)	800m: 13:49,53 (01:40,76)				

Wettkampf 1 - 800m Freistil weiblich

Jg. 97

16.	Pia Senkel	1997	SG Gladbeck	13:52,42	211	
	100m: 01:35,26 (01:35,26)	200m: 03:21,48 (01:46,22)	300m: 05:08,86 (01:47,38)			
	400m: 06:56,82 (01:47,96)	500m: 08:43,70 (01:46,88)	600m: 10:29,29 (01:45,59)			
	700m: 12:14,07 (01:44,78)	800m: 13:52,42 (01:38,35)				
17.	Ebru Merdivan	1997	SG Gladbeck	14:00,56	205	EnM
	100m: 01:36,86 (01:36,86)	200m: 03:20,34 (01:43,48)	300m: 05:06,43 (01:46,09)			
	400m: 06:53,50 (01:47,07)	500m: 08:41,22 (01:47,72)	600m: 10:28,59 (01:47,37)			
	700m: 12:14,59 (01:46,00)	800m: 14:00,56 (01:45,97)				

Jg. 96

1.	Michelle Klomfaß	1996	SG Gladbeck	10:13,22	529	
	100m: 01:11,54 (01:11,54)	200m: 02:29,62 (01:18,08)	300m: 03:47,09 (01:17,47)			
	400m: 05:05,87 (01:18,78)	500m: 06:23,68 (01:17,81)	600m: 07:41,28 (01:17,60)			
	700m: 08:57,59 (01:16,31)	800m: 10:13,22 (01:15,63)				
2.	Maggy Rokyttá	1996	SG Gladbeck	10:29,58	489	
	100m: 01:14,00 (01:14,00)	200m: 02:33,27 (01:19,27)	300m: 03:52,25 (01:18,98)			
	400m: 05:11,97 (01:19,72)	500m: 06:31,62 (01:19,65)	600m: 07:52,09 (01:20,47)			
	700m: 09:12,16 (01:20,07)	800m: 10:29,58 (01:17,42)				
3.	Lena Heinrichs	1996	SG Gladbeck	10:39,00	468	
	100m: 01:15,00 (01:15,00)	200m: 02:35,00 (01:20,00)	300m: 03:56,21 (01:21,21)			
	400m: 05:16,69 (01:20,48)	500m: 06:39,28 (01:22,59)	600m: 08:00,12 (01:20,84)			
	700m: 09:20,35 (01:20,23)	800m: 10:39,00 (01:18,65)				
4.	Nele Albers	1996	SG Schwimmen Münster	10:49,13	446	
	100m: 01:17,86 (01:17,86)	200m: 02:40,24 (01:22,38)	300m: 04:14,16 (01:33,92)			
	400m: 05:25,00 (01:10,84)	500m: 06:46,96 (01:21,96)	600m: 08:08,47 (01:21,51)			
	700m: 09:30,43 (01:21,96)	800m: 10:49,13 (01:18,70)				
5.	Laura Eichler	1996	SG Gladbeck	10:51,77	441	
	100m: 01:12,81 (01:12,81)	200m: 02:32,90 (01:20,09)	300m: 03:55,44 (01:22,54)			
	400m: 05:18,62 (01:23,18)	500m: 06:42,90 (01:24,28)	600m: 08:07,18 (01:24,28)			
	700m: 09:30,74 (01:23,56)	800m: 10:51,77 (01:21,03)				
6.	Joyce Rokyttá	1996	SG Gladbeck	10:59,05	426	
	100m: 01:15,47 (01:15,47)	200m: 02:37,62 (01:22,15)	300m: 04:01,62 (01:24,00)			
	400m: 05:25,56 (01:23,94)	500m: 06:50,37 (01:24,81)	600m: 08:14,43 (01:24,06)			
	700m: 09:39,44 (01:25,01)	800m: 10:59,05 (01:19,61)				
7.	Miriam Kuna	1996	SG Schwimmen Münster	11:05,96	413	
	100m: 01:14,46 (01:14,46)	200m: 02:36,68 (01:22,22)	300m: 04:01,37 (01:24,69)			
	400m: 05:26,65 (01:25,28)	500m: 06:52,18 (01:25,53)	600m: 08:17,71 (01:25,53)			
	700m: 09:42,77 (01:25,06)	800m: 11:05,96 (01:23,19)				
8.	Leonie Heinrichs	1996	SG Gladbeck	11:32,18	368	
	100m: 01:20,88 (01:20,88)	200m: 02:48,75 (01:27,87)	300m: 04:17,68 (01:28,93)			
	400m: 05:45,46 (01:27,78)	500m: 07:14,31 (01:28,85)	600m: 08:42,72 (01:28,41)			
	700m: 10:10,62 (01:27,90)	800m: 11:32,18 (01:21,56)				
9.	Johanna Redzinski	1996	SG Gladbeck	11:34,90	364	
	100m: 01:18,75 (01:18,75)	200m: 02:45,31 (01:26,56)	300m: 04:13,68 (01:28,37)			
	400m: 05:42,09 (01:28,41)	500m: 07:11,69 (01:29,60)	600m: 08:40,74 (01:29,05)			
	700m: 10:10,05 (01:29,31)	800m: 11:34,90 (01:24,85)				
10.	Verena Segatz	1996	SV Neptun Recklinghausen	11:51,53	339	
	100m: 01:18,34 (01:18,34)	200m: 02:46,40 (01:28,06)	300m: 04:16,85 (01:30,45)			
	400m: 05:49,06 (01:32,21)	500m: 07:20,72 (01:31,66)	600m: 08:53,40 (01:32,68)			
	700m: 10:24,43 (01:31,03)	800m: 11:51,53 (01:27,10)				
11.	Anna Maria Raschke	1996	SV BW Recklinghausen	11:57,64	330	
	100m: 01:16,48 (01:16,48)	200m: 02:47,57 (01:31,09)	300m: 04:18,54 (01:30,97)			
	400m: 05:52,82 (01:34,28)	500m: 07:24,57 (01:31,75)	600m: 08:59,45 (01:34,88)			
	700m: 10:33,32 (01:33,87)	800m: 11:57,64 (01:24,32)				
12.	Jule Hansen	1996	SV Epe 1959	12:09,38	314	
	100m: 01:18,90 (01:18,90)	200m: 02:49,75 (01:30,85)	300m: 04:22,53 (01:32,78)			
	400m: 05:55,81 (01:33,28)	500m: 07:31,21 (01:35,40)	600m: 09:06,28 (01:35,07)			
	700m: 10:40,42 (01:34,14)	800m: 12:09,38 (01:28,96)				
13.	Etien Julie Walle	1996	SV Neptun Recklinghausen	12:20,08	301	
	100m: 01:20,96 (01:20,96)	200m: 02:54,09 (01:33,13)	300m: 04:28,15 (01:34,06)			
	400m: 06:04,13 (01:35,98)	500m: 07:40,18 (01:36,05)	600m: 09:16,50 (01:36,32)			
	700m: 10:51,06 (01:34,56)	800m: 12:20,08 (01:29,02)				
14.	Natalie Nappers	1996	SV Epe 1959	12:24,83	295	
	100m: 01:20,67 (01:20,67)	200m: 02:53,64 (01:32,97)	300m: 04:28,01 (01:34,37)			
	400m: 06:03,61 (01:35,60)	500m: 07:40,01 (01:36,40)	600m: 09:17,71 (01:37,70)			
	700m: 10:54,61 (01:36,90)	800m: 12:24,83 (01:30,22)				
15.	Sandrina Schwarze	1996	SVg Bottrop 1924 e.V.	12:24,84	295	
	100m: 01:24,43 (01:24,43)	200m: 02:59,23 (01:34,80)	300m: 04:33,64 (01:34,41)			
	400m: 06:07,95 (01:34,31)	500m: 07:43,36 (01:35,41)	600m: 09:20,01 (01:36,65)			
	700m: 10:56,15 (01:36,14)	800m: 12:24,84 (01:28,69)				

Wettkampf 1 - 800m Freistil weiblich

Jg. 96

16.	Laura Thien	1996	SV Rheine 68 e.V.	12:25,82	294
	100m: 01:20,50 (01:20,50)	200m: 02:53,78 (01:33,28)	300m: 04:28,49 (01:34,71)		
	400m: 06:04,93 (01:36,44)	500m: 07:41,71 (01:36,78)	600m: 09:19,37 (01:37,66)		
	700m: 10:55,00 (01:35,63)	800m: 12:25,82 (01:30,82)			
17.	Jana Töns	1996	Wfr. Atlantis Lembeck e.V.	12:28,82	290
	100m: 01:21,87 (01:21,87)	200m: 02:56,52 (01:34,65)	300m: 04:32,90 (01:36,38)		
	400m: 06:09,90 (01:37,00)	500m: 07:49,12 (01:39,22)	600m: 09:25,72 (01:36,60)		
	700m: 11:03,00 (01:37,28)	800m: 12:28,82 (01:25,82)			
18.	Dana Trieba	1996	SV Neptun Erkenschwick	12:33,99	285
	100m: 01:22,81 (01:22,81)	200m: 02:56,34 (01:33,53)	300m: 04:31,43 (01:35,09)		
	400m: 06:09,66 (01:38,23)	500m: 07:47,56 (01:37,90)	600m: 09:25,24 (01:37,68)		
	700m: 11:01,59 (01:36,35)	800m: 12:33,99 (01:32,40)			
19.	Rabea Pahlke	1996	SG SSF Marl-Hüls	12:35,42	283
	100m: 01:19,72 (01:19,72)	200m: 02:52,21 (01:32,49)	300m: 04:25,15 (01:32,94)		
	400m: 06:00,87 (01:35,72)	500m: 07:40,28 (01:39,41)	600m: 09:15,40 (01:35,12)		
	700m: 11:01,47 (01:46,07)	800m: 12:35,42 (01:33,95)			
20.	Katja Terhorst	1996	TSV Bocholt	13:13,05	244
	100m: 01:27,01 (01:27,01)	200m: 03:07,30 (01:40,29)	300m: 04:48,56 (01:41,26)		
	400m: 06:30,74 (01:42,18)	500m: 08:13,27 (01:42,53)	600m: 09:56,78 (01:43,51)		
	700m: 11:39,37 (01:42,59)	800m: 13:13,05 (01:33,68)			

abgemeldet

Kathrin Bogoslaw	1996	SG SSF Marl-Hüls
Antonia Arns	1996	SV Neptun Recklinghausen

Jg. 95

1.	Helina Simsek	1995	SV BW Recklinghausen	10:28,50	492
	100m: 01:12,06 (01:12,06)	200m: 02:31,17 (01:19,11)	300m: 03:49,15 (01:17,98)		
	400m: 05:09,25 (01:20,10)	500m: 06:30,40 (01:21,15)	600m: 07:50,43 (01:20,03)		
	700m: 09:10,59 (01:20,16)	800m: 10:28,50 (01:17,91)			
2.	Katharina Wöhle	1995	SG SSF Marl-Hüls	10:46,69	451
	100m: 01:14,12 (01:14,12)	200m: 02:36,32 (01:22,20)	300m: 03:57,82 (01:21,50)		
	400m: 05:20,47 (01:22,65)	500m: 06:43,81 (01:23,34)	600m: 08:07,59 (01:23,78)		
	700m: 09:27,12 (01:19,53)	800m: 10:46,69 (01:19,57)			
3.	Lara Schmalenstroer	1995	SG Gelsenkirchen	10:56,32	432
	100m: 01:13,12 (01:13,12)	200m: 02:34,28 (01:21,16)	300m: 03:58,05 (01:23,77)		
	400m: 05:22,09 (01:24,04)	500m: 06:46,47 (01:24,38)	600m: 08:10,62 (01:24,15)		
	700m: 09:34,71 (01:24,09)	800m: 10:56,32 (01:21,61)			
4.	Johanna Kallhoff	1995	SV TuS 1925 Herten	10:58,66	427
	100m: 01:12,00 (01:12,00)	200m: 02:35,75 (01:23,75)	300m: 03:59,65 (01:23,90)		
	400m: 05:24,59 (01:24,94)	500m: 06:49,60 (01:25,01)	600m: 08:14,32 (01:24,72)		
	700m: 09:39,54 (01:25,22)	800m: 10:58,66 (01:19,12)			
5.	Anna-Lena Wolbert	1995	SV BW Recklinghausen	11:04,34	416
	100m: 01:12,59 (01:12,59)	200m: 02:35,43 (01:22,84)	300m: 03:59,37 (01:23,94)		
	400m: 05:25,02 (01:25,65)	500m: 06:51,57 (01:26,55)	600m: 08:18,03 (01:26,46)		
	700m: 09:42,29 (01:24,26)	800m: 11:04,34 (01:22,05)			
6.	Sandra Schüler	1995	SV Neptun Erkenschwick	11:07,41	411
	100m: 01:13,87 (01:13,87)	200m: 02:35,93 (01:22,06)	300m: 04:01,13 (01:25,20)		
	400m: 05:27,79 (01:26,66)	500m: 06:54,43 (01:26,64)	600m: 08:18,62 (01:24,19)		
	700m: 09:42,41 (01:23,79)	800m: 11:07,41 (01:25,00)			
7.	Annalena Hartmann	1995	SV Neptun Erkenschwick	11:43,39	351
	100m: 01:19,72 (01:19,72)	200m: 02:48,74 (01:29,02)	300m: 04:18,19 (01:29,45)		
	400m: 05:44,34 (01:26,15)	500m: 07:15,75 (01:31,41)	600m: 08:48,68 (01:32,93)		
	700m: 10:20,87 (01:32,19)	800m: 11:43,39 (01:22,52)			
8.	Melina Mendritzki	1995	SV TuS 1925 Herten	11:53,05	337
	100m: 01:17,00 (01:17,00)	200m: 02:46,62 (01:29,62)	300m: 04:18,15 (01:31,53)		
	400m: 05:48,91 (01:30,76)	500m: 07:21,68 (01:32,77)	600m: 08:54,24 (01:32,56)		
	700m: 10:25,35 (01:31,11)	800m: 11:53,05 (01:27,70)			
9.	Linda Gottschlich	1995	SV BW Recklinghausen	12:04,59	321
	100m: 01:17,34 (01:17,34)	200m: 02:48,55 (01:31,21)	300m: 04:21,87 (01:33,32)		
	400m: 05:56,56 (01:34,69)	500m: 07:31,12 (01:34,56)	600m: 09:05,15 (01:34,03)		
	700m: 10:39,10 (01:33,95)	800m: 12:04,59 (01:25,49)			
10.	Lina Achtermann	1995	SVg Bottrop 1924 e.V.	12:04,62	321
	100m: 01:20,94 (01:20,94)	200m: 02:52,77 (01:31,83)	300m: 04:25,53 (01:32,76)		
	400m: 05:58,68 (01:33,15)	500m: 07:31,56 (01:32,88)	600m: 09:04,71 (01:33,15)		
	700m: 10:36,03 (01:31,32)	800m: 12:04,62 (01:28,59)			

Wettkampf 1 - 800m Freistil weiblich

Jg. 95

11.	Merle Heitmann	1995	Wfr. Atlantis Lembeck e.V.	12:07,19	317
	100m: 01:16,62 (01:16,62)	200m: 02:47,72 (01:31,10)	300m: 04:19,59 (01:31,87)		
	400m: 05:52,56 (01:32,97)	500m: 07:26,37 (01:33,81)	600m: 09:01,81 (01:35,44)		
	700m: 10:35,03 (01:33,22)	800m: 12:07,19 (01:32,16)			

abgemeldet

Luisa Kallhoff 1995 SV TuS 1925 Herten

Jg. 94

1.	Katharina Böse	1994	SV Rheine 68 eV.	10:15,33	524
	100m: 01:09,26 (01:09,26)	200m: 02:26,20 (01:16,94)	300m: 03:45,22 (01:19,02)		
	400m: 05:05,24 (01:20,02)	500m: 06:24,25 (01:19,01)	600m: 07:44,28 (01:20,03)		
	700m: 09:01,11 (01:16,83)	800m: 10:15,33 (01:14,22)			
2.	Yvonne Klomfaß	1994	SG Gladbeck	10:19,57	513
	100m: 01:11,83 (01:11,83)	200m: 02:29,86 (01:18,03)	300m: 03:49,11 (01:19,25)		
	400m: 05:07,06 (01:17,95)	500m: 06:26,08 (01:19,02)	600m: 07:45,12 (01:19,04)		
	700m: 09:03,76 (01:18,64)	800m: 10:19,57 (01:15,81)			
3.	Juliana Gries	1994	SG Gladbeck	10:55,47	433
	100m: 01:13,46 (01:13,46)	200m: 02:34,75 (01:21,29)	300m: 03:57,34 (01:22,59)		
	400m: 05:21,87 (01:24,53)	500m: 06:45,99 (01:24,12)	600m: 08:10,16 (01:24,17)		
	700m: 09:35,96 (01:25,80)	800m: 10:55,47 (01:19,51)			
4.	Lena Töns	1994	Wfr. Atlantis Lembeck e.V.	11:21,71	385
	100m: 01:14,30 (01:14,30)	200m: 02:40,18 (01:25,88)	300m: 04:07,84 (01:27,66)		
	400m: 05:35,55 (01:27,71)	500m: 07:04,58 (01:29,03)	600m: 08:32,89 (01:28,31)		
	700m: 10:05,02 (01:32,13)	800m: 11:21,71 (01:16,69)			
5.	Jana Pietsch	1994	SG Schwimmen Münster	11:22,07	385
	100m: 01:16,87 (01:16,87)	200m: 02:43,02 (01:26,15)	300m: 04:09,76 (01:26,74)		
	400m: 05:36,56 (01:26,80)	500m: 07:03,65 (01:27,09)	600m: 08:30,47 (01:26,82)		
	700m: 09:57,34 (01:26,87)	800m: 11:22,07 (01:24,73)			
6.	Vera Schlautmann	1994	TVE Greven	11:26,51	377
	100m: 01:14,96 (01:14,96)	200m: 02:39,99 (01:25,03)	300m: 04:05,78 (01:25,79)		
	400m: 05:33,65 (01:27,87)	500m: 07:02,99 (01:29,34)	600m: 08:32,46 (01:29,47)		
	700m: 10:00,71 (01:28,25)	800m: 11:26,51 (01:25,80)			

Jg. 93

1.	Katja Wüller	1993	TV-Emsdetten	10:46,95	451
	100m: 01:13,04 (01:13,04)	200m: 02:33,30 (01:20,26)	300m: 03:54,92 (01:21,62)		
	400m: 05:19,04 (01:24,12)	500m: 06:43,26 (01:24,22)	600m: 08:06,20 (01:22,94)		
	700m: 09:27,64 (01:21,44)	800m: 10:46,95 (01:19,31)			
2.	Lena Bogoslaw	1993	SG SSF Marl-Hüls	11:21,23	386
	100m: 01:21,13 (01:21,13)	200m: 02:47,24 (01:26,11)	300m: 04:14,35 (01:27,11)		
	400m: 05:42,46 (01:28,11)	500m: 07:09,58 (01:27,12)	600m: 08:37,69 (01:28,11)		
	700m: 10:03,70 (01:26,01)	800m: 11:21,23 (01:17,53)			
3.	Maike Wissing	1993	Bocholter WSV	11:37,84	359
	100m: 01:19,46 (01:19,46)	200m: 02:47,22 (01:27,76)	300m: 04:17,44 (01:30,22)		
	400m: 05:47,93 (01:30,49)	500m: 07:18,18 (01:30,25)	600m: 08:46,31 (01:28,13)		
	700m: 10:14,47 (01:28,16)	800m: 11:37,84 (01:23,37)			
4.	Carolin Holtschlag	1993	Bocholter WSV	11:41,86	353
	100m: 01:17,18 (01:17,18)	200m: 02:44,48 (01:27,30)	300m: 04:13,46 (01:28,98)		
	400m: 05:45,27 (01:31,81)	500m: 07:17,52 (01:32,25)	600m: 08:48,80 (01:31,28)		
	700m: 10:18,21 (01:29,41)	800m: 11:41,86 (01:23,65)			
5.	Patrizia Kittelmann	1993	TVE Greven	12:49,65	268
	100m: 01:21,81 (01:21,81)	200m: 02:58,34 (01:36,53)	300m: 04:36,28 (01:37,94)		
	400m: 06:16,52 (01:40,24)	500m: 07:56,99 (01:40,47)	600m: 09:36,96 (01:39,97)		
	700m: 11:16,74 (01:39,78)	800m: 12:49,65 (01:32,91)			

Jg. 92

1.	Jessica Steiger	1992	SG Gladbeck	09:33,83	646
	100m: 01:05,58 (01:05,58)	200m: 02:16,74 (01:11,16)	300m: 03:28,17 (01:11,43)		
	400m: 04:40,83 (01:12,66)	500m: 05:54,17 (01:13,34)	600m: 07:08,05 (01:13,88)		
	700m: 08:22,12 (01:14,07)	800m: 09:33,83 (01:11,71)			
2.	Nadine Urbanek	1992	SG Gladbeck	09:46,65	605
	100m: 01:05,66 (01:05,66)	200m: 02:18,09 (01:12,43)	300m: 03:33,15 (01:15,06)		
	400m: 04:49,00 (01:15,85)	500m: 06:04,71 (01:15,71)	600m: 07:19,83 (01:15,12)		
	800m: 09:46,65 (02:26,82)				

Wettkampf 1 - 800m Freistil weiblich**Jg. 92**

3.	Lisa Grasedieck	1992	SG Gladbeck	10:13,11	530
	100m: 01:09,25 (01:09,25) 200m: 02:24,80 (01:15,55) 300m: 03:42,80 (01:18,00) 400m: 05:01,51 (01:18,71) 500m: 06:20,42 (01:18,91) 600m: 07:39,08 (01:18,66) 700m: 08:57,02 (01:17,94) 800m: 10:13,11 (01:16,09)				
4.	Vanessa Mendritzki	1992	SV TuS 1925 Herten	11:09,36	407
	100m: 01:11,16 (01:11,16) 200m: 02:33,29 (01:22,13) 300m: 03:58,36 (01:25,07) 400m: 05:24,73 (01:26,37) 500m: 06:52,73 (01:28,00) 600m: 08:19,80 (01:27,07) 700m: 09:46,45 (01:26,65) 800m: 11:09,36 (01:22,91)				
5.	Melanie Ridder	1992	SG SSF Marl-Hüls	11:30,58	371
	100m: 01:18,16 (01:18,16) 200m: 02:44,10 (01:25,94) 300m: 04:10,62 (01:26,52) 400m: 05:37,17 (01:26,55) 500m: 07:07,46 (01:30,29) 600m: 08:36,56 (01:29,10) 700m: 10:05,43 (01:28,87) 800m: 11:30,58 (01:25,15)				
6.	Katja Pagel	1992	SV BW Recklinghausen	11:34,70	364
	100m: 01:17,57 (01:17,57) 200m: 02:43,28 (01:25,71) 300m: 04:10,31 (01:27,03) 400m: 05:38,93 (01:28,62) 500m: 07:08,06 (01:29,13) 600m: 08:37,88 (01:29,82) 700m: 10:07,75 (01:29,87) 800m: 11:34,70 (01:26,95)				
7.	Laura Brinks	1992	Bocholter WSV	12:04,41	321
	100m: 01:20,68 (01:20,68) 200m: 02:50,12 (01:29,44) 300m: 04:22,53 (01:32,41) 400m: 05:54,46 (01:31,93) 500m: 07:27,66 (01:33,20) 600m: 09:01,03 (01:33,37) 700m: 10:34,15 (01:33,12) 800m: 12:04,41 (01:30,26)				

disqualifiziert

	Karla Matysik	1992	SG SSF Marl-Hüls		EnM
	Die Schwimmerin hat ihre Bahn verlassen. Uhrzeit der Bekanntgabe: 11:13				

Jg. 90/91

1.	Marjona Lewandowsky	1991	SVg Bottrop 1924 e.V.	10:06,39	547
	100m: 01:09,56 (01:09,56) 200m: 02:25,81 (01:16,25) 300m: 03:42,40 (01:16,59) 400m: 04:59,50 (01:17,10) 500m: 06:16,19 (01:16,69) 600m: 07:33,66 (01:17,47) 700m: 08:50,22 (01:16,56) 800m: 10:06,39 (01:16,17)				
2.	Judith Hermeler	1991	SG Gladbeck	10:52,48	439
	100m: 01:15,18 (01:15,18) 200m: 02:37,22 (01:22,04) 300m: 04:01,04 (01:23,82) 400m: 05:25,15 (01:24,11) 500m: 06:48,29 (01:23,14) 600m: 08:10,94 (01:22,65) 700m: 09:31,97 (01:21,03) 800m: 10:52,48 (01:20,51)				

nicht am Start

	Marie Oberkönig	1991	SV Neptun Erkenschwick		EnM
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Jg. 89 und älter

1.	Helga Linnenbaum	1967	TV-Emsdetten	09:58,89	568
	100m: 01:06,93 (01:06,93) 200m: 02:20,75 (01:13,82) 300m: 03:36,75 (01:16,00) 400m: 04:53,21 (01:16,46) 500m: 06:10,09 (01:16,88) 600m: 07:27,97 (01:17,88) 700m: 08:44,87 (01:16,90) 800m: 09:58,89 (01:14,02)				

Offene Wertung

1.	und Bezirksmeisterin 2009				
	Jessica Steiger	1992	SG Gladbeck	09:33,83	646
	100m: 01:05,58 (01:05,58) 200m: 02:16,74 (01:11,16) 300m: 03:28,17 (01:11,43) 400m: 04:40,83 (01:12,66) 500m: 05:54,17 (01:13,34) 600m: 07:08,05 (01:13,88) 700m: 08:22,12 (01:14,07) 800m: 09:33,83 (01:11,71)				
2.	Nadine Urbanek	1992	SG Gladbeck	09:46,65	605
	100m: 01:05,66 (01:05,66) 200m: 02:18,09 (01:12,43) 300m: 03:33,15 (01:15,06) 400m: 04:49,00 (01:15,85) 500m: 06:04,71 (01:15,71) 600m: 07:19,83 (01:15,12) 800m: 09:46,65 (02:26,82)				
3.	Helga Linnenbaum	1967	TV-Emsdetten	09:58,89	568
	100m: 01:06,93 (01:06,93) 200m: 02:20,75 (01:13,82) 300m: 03:36,75 (01:16,00) 400m: 04:53,21 (01:16,46) 500m: 06:10,09 (01:16,88) 600m: 07:27,97 (01:17,88) 700m: 08:44,87 (01:16,90) 800m: 09:58,89 (01:14,02)				
4.	Marjona Lewandowsky	1991	SVg Bottrop 1924 e.V.	10:06,39	547
	100m: 01:09,56 (01:09,56) 200m: 02:25,81 (01:16,25) 300m: 03:42,40 (01:16,59) 400m: 04:59,50 (01:17,10) 500m: 06:16,19 (01:16,69) 600m: 07:33,66 (01:17,47) 700m: 08:50,22 (01:16,56) 800m: 10:06,39 (01:16,17)				
5.	Lisa Grasedieck	1992	SG Gladbeck	10:13,11	530
	100m: 01:09,25 (01:09,25) 200m: 02:24,80 (01:15,55) 300m: 03:42,80 (01:18,00) 400m: 05:01,51 (01:18,71) 500m: 06:20,42 (01:18,91) 600m: 07:39,08 (01:18,66) 700m: 08:57,02 (01:17,94) 800m: 10:13,11 (01:16,09)				

Wettkampf 1 - 800m Freistil weiblich**Offene Wertung**

6.	Michelle Klomfaß	1996	SG Gladbeck	10:13,22	529
	100m: 01:11,54 (01:11,54) 200m: 02:29,62 (01:18,08) 300m: 03:47,09 (01:17,47) 400m: 05:05,87 (01:18,78) 500m: 06:23,68 (01:17,81) 600m: 07:41,28 (01:17,60) 700m: 08:57,59 (01:16,31) 800m: 10:13,22 (01:15,63)				
7.	Katharina Böse	1994	SV Rheine 68 e.V.	10:15,33	524
	100m: 01:09,26 (01:09,26) 200m: 02:26,20 (01:16,94) 300m: 03:45,22 (01:19,02) 400m: 05:05,24 (01:20,02) 500m: 06:24,25 (01:19,01) 600m: 07:44,28 (01:20,03) 700m: 09:01,11 (01:16,83) 800m: 10:15,33 (01:14,22)				
8.	Yvonne Klomfaß	1994	SG Gladbeck	10:19,57	513
	100m: 01:11,83 (01:11,83) 200m: 02:29,86 (01:18,03) 300m: 03:49,11 (01:19,25) 400m: 05:07,06 (01:17,95) 500m: 06:26,08 (01:19,02) 600m: 07:45,12 (01:19,04) 700m: 09:03,76 (01:18,64) 800m: 10:19,57 (01:15,81)				
9.	Helina Simsek	1995	SV BW Recklinghausen	10:28,50	492
	100m: 01:12,06 (01:12,06) 200m: 02:31,17 (01:19,11) 300m: 03:49,15 (01:17,98) 400m: 05:09,25 (01:20,10) 500m: 06:30,40 (01:21,15) 600m: 07:50,43 (01:20,03) 700m: 09:10,59 (01:20,16) 800m: 10:28,50 (01:17,91)				
10.	Nina Steiger	1997	SG Gladbeck	10:28,61	491
	100m: 01:12,30 (01:12,30) 200m: 02:30,90 (01:18,60) 300m: 03:50,17 (01:19,27) 400m: 05:09,62 (01:19,45) 500m: 06:30,27 (01:20,65) 600m: 07:51,49 (01:21,22) 700m: 09:11,30 (01:19,81) 800m: 10:28,61 (01:17,31)				

abgemeldet

Luisa Kallhoff	1995	SV TuS 1925 Herten
Kathrin Bogoslaw	1996	SG SSF Marl-Hüls
Antonia Arns	1996	SV Neptun Recklinghausen

nicht am Start

Marie Oberkönig	1991	SV Neptun Erkenschwick	EnM
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disqualifiziert

Karla Matysik	1992	SG SSF Marl-Hüls	EnM
Die Schwimmerin hat ihre Bahn verlassen. Uhrzeit der Bekanntgabe: 11:13			

Wettkampf 2 - 800m Freistil männlich

Jahrgang	1998	1999
Pflichtzeit	15:00,00	16:00,00

Jahrgang 1999

1.	und Bezirksjahrgangsmeister 2009				
	Sven Orlowski	1999	SG Gladbeck	13:31,06	181
	100m: 01:31,71 (01:31,71) 200m: 03:14,18 (01:42,47) 300m: 04:58,65 (01:44,47) 400m: 06:43,62 (01:44,97) 500m: 08:27,59 (01:43,97) 600m: 10:11,21 (01:43,62) 700m: 11:53,06 (01:41,85) 800m: 13:31,06 (01:38,00)				
2.	Philipp Demler	1999	SVg Bottrop 1924 e.V.	13:34,95	178
	100m: 01:34,48 (01:34,48) 200m: 03:17,07 (01:42,59) 300m: 05:05,81 (01:48,74) 400m: 06:51,65 (01:45,84) 500m: 08:35,09 (01:43,44) 600m: 10:18,16 (01:43,07) 700m: 12:00,94 (01:42,78) 800m: 13:34,95 (01:34,01)				
3.	Lukas Thürstein	1999	SVg Bottrop 1924 e.V.	13:40,83	175
	100m: 01:32,33 (01:32,33) 200m: 03:16,55 (01:44,22) 300m: 05:02,77 (01:46,22) 400m: 06:46,48 (01:43,71) 500m: 08:32,11 (01:45,63) 600m: 10:16,68 (01:44,57) 700m: 12:00,89 (01:44,21) 800m: 13:40,83 (01:39,94)				
4.	Marius Uesbeck	1999	SV Epe 1959	14:57,29	133
	100m: 01:40,86 (01:40,86) 200m: 03:35,96 (01:55,10) 300m: 05:32,46 (01:56,50) 400m: 07:27,37 (01:54,91) 500m: 09:23,17 (01:55,80) 600m: 11:17,47 (01:54,30) 700m: 13:12,00 (01:54,53) 800m: 14:57,29 (01:45,29)				

Jahrgang 1998

1.	und Bezirksjahrgangsmeister 2009				
	Moritz Walaschewski	1998	SG Schwimmen Münster	10:44,93	360
	100m: 01:12,93 (01:12,93) 200m: 02:36,06 (01:23,13) 300m: 03:57,97 (01:21,91) 400m: 05:20,59 (01:22,62) 500m: 06:43,43 (01:22,84) 600m: 08:05,40 (01:21,97) 700m: 09:27,53 (01:22,13) 800m: 10:44,93 (01:17,40)				

Wettkampf 2 - 800m Freistil männlich**Jahrgang 1998**

2.	Nicolai Rahm	1998	SG Schwimmen Münster	11:53,56	266
	100m: 01:18,62 (01:18,62) 200m: 02:48,06 (01:29,44) 300m: 04:19,63 (01:31,57) 400m: 05:52,24 (01:32,61) 500m: 07:25,02 (01:32,78) 600m: 08:56,75 (01:31,73) 700m: 10:27,43 (01:30,68) 800m: 11:53,56 (01:26,13)				
3.	Anthony Radtke	1998	SG Gladbeck	12:28,18	231
	100m: 01:27,06 (01:27,06) 200m: 02:59,68 (01:32,62) 300m: 04:34,72 (01:35,04) 400m: 06:09,96 (01:35,24) 500m: 07:46,25 (01:36,29) 600m: 09:20,71 (01:34,46) 700m: 10:56,91 (01:36,20) 800m: 12:28,18 (01:31,27)				
4.	Jean-Paul Klomfaß	1998	SG Gladbeck	12:47,64	214
	100m: 01:26,38 (01:26,38) 200m: 03:02,97 (01:36,59) 300m: 04:40,62 (01:37,65) 400m: 06:17,46 (01:36,84) 500m: 07:56,49 (01:39,03) 600m: 09:35,66 (01:39,17) 700m: 11:14,86 (01:39,20) 800m: 12:47,64 (01:32,78)				
5.	Leon Leuker	1998	SV Epe 1959	13:19,84	189
	100m: 01:30,12 (01:30,12) 200m: 03:10,50 (01:40,38) 300m: 04:56,15 (01:45,65) 400m: 06:38,02 (01:41,87) 500m: 08:20,11 (01:42,09) 600m: 10:03,63 (01:43,52) 700m: 11:45,30 (01:41,67) 800m: 13:19,84 (01:34,54)				
6.	Lennart Rother	1998	SVg Bottrop 1924 e.V.	14:11,00	157
	100m: 01:33,74 (01:33,74) 200m: 03:20,15 (01:46,41) 300m: 05:09,18 (01:49,03) 400m: 06:58,38 (01:49,20) 500m: 08:48,37 (01:49,99) 600m: 10:37,65 (01:49,28) 700m: 12:27,99 (01:50,34) 800m: 14:11,00 (01:43,01)				
7.	Julian Kabisch	1998	SG Schwimmen Münster	14:27,60	148
	100m: 01:34,97 (01:34,97) 200m: 03:24,58 (01:49,61) 300m: 05:15,03 (01:50,45) 400m: 07:07,53 (01:52,50) 500m: 08:58,28 (01:50,75) 600m: 10:49,84 (01:51,56) 700m: 12:41,37 (01:51,53) 800m: 14:27,60 (01:46,23)				
8.	Nils Bodemer	1998	SG Schwimmen Münster	14:45,11	139
	100m: 01:41,59 (01:41,59) 200m: 03:33,38 (01:51,79) 300m: 05:26,59 (01:53,21) 400m: 07:18,43 (01:51,84) 500m: 09:12,87 (01:54,44) 600m: 11:06,43 (01:53,56) 700m: 12:56,90 (01:50,47) 800m: 14:45,11 (01:48,21)				

Wettkampf 3 - 1500m Freistil männlich

Jahrgang	1989 und älter	1990 - 1991	1992	1993	1994	1995	1996	1997
Pflichtzeit	22:30,00	22:30,00	22:45,00	23:00,00	23:15,00	24:15,00	25:45,00	26:30,00

Jg. 97

1.	Joshua Loges	1997	SG Gladbeck	20:23,24	365
	100m: 01:18,65 (01:18,65) 200m: 02:39,81 (01:21,16) 300m: 04:02,15 (01:22,34) 400m: 05:25,03 (01:22,88) 500m: 06:48,31 (01:23,28) 600m: 08:11,56 (01:23,25) 700m: 09:34,03 (01:22,47) 800m: 10:55,56 (01:21,53) 900m: 12:17,56 (01:22,00) 1000m: 13:38,18 (01:20,62) 1100m: 15:00,93 (01:22,75) 1200m: 16:23,15 (01:22,22) 1300m: 17:45,03 (01:21,88) 1400m: 19:05,71 (01:20,68) 1500m: 20:23,24 (01:17,53)				
2.	Maximilian Holle	1997	SG Schwimmen Münster	20:43,73	347
	100m: 01:15,70 (01:15,70) 200m: 02:39,70 (01:24,00) 300m: 04:02,90 (01:23,20) 400m: 05:27,51 (01:24,61) 500m: 06:52,89 (01:25,38) 600m: 08:18,26 (01:25,37) 700m: 09:41,23 (01:22,97) 800m: 11:02,92 (01:21,69) 900m: 12:26,95 (01:24,03) 1000m: 13:51,23 (01:24,28) 1100m: 15:13,64 (01:22,41) 1200m: 16:37,54 (01:23,90) 1300m: 18:01,60 (01:24,06) 1400m: 19:23,39 (01:21,79) 1500m: 20:43,73 (01:20,34)				
3.	Maximilian Böse	1997	SV Rheine 68 eV.	21:57,32	292
	100m: 01:21,04 (01:21,04) 200m: 02:49,26 (01:28,22) 300m: 04:19,09 (01:29,83) 400m: 05:48,87 (01:29,78) 500m: 07:16,65 (01:27,78) 600m: 08:46,53 (01:29,88) 700m: 10:16,21 (01:29,68) 800m: 11:45,40 (01:29,19) 900m: 13:13,30 (01:27,90) 1000m: 14:40,49 (01:27,19) 1100m: 16:07,06 (01:26,57) 1200m: 17:34,00 (01:26,94) 1300m: 19:01,12 (01:27,12) 1400m: 20:30,31 (01:29,19) 1500m: 21:57,32 (01:27,01)				
4.	Luca Roekens	1997	SG Schwimmen Münster	21:58,98	291
	100m: 01:22,10 (01:22,10) 200m: 02:49,36 (01:27,26) 300m: 04:18,26 (01:28,90) 400m: 05:47,20 (01:28,94) 500m: 07:15,60 (01:28,40) 600m: 08:43,92 (01:28,32) 700m: 10:13,10 (01:29,18) 800m: 11:42,16 (01:29,06) 900m: 13:10,51 (01:28,35) 1000m: 14:39,82 (01:29,31) 1100m: 16:09,10 (01:29,28) 1200m: 17:38,45 (01:29,35) 1300m: 19:08,70 (01:30,25) 1400m: 20:36,20 (01:27,50) 1500m: 21:58,98 (01:22,78)				
5.	Marco Bertelsbeck	1997	SG Schwimmen Münster	21:59,15	291
	100m: 01:12,53 (01:12,53) 200m: 02:50,21 (01:37,68) 300m: 04:20,59 (01:30,38) 400m: 05:49,62 (01:29,03) 500m: 07:20,43 (01:30,81) 600m: 08:48,52 (01:28,09) 700m: 10:17,96 (01:29,44) 800m: 11:47,90 (01:29,94) 900m: 13:17,06 (01:29,16) 1000m: 14:46,35 (01:29,29) 1100m: 16:15,34 (01:28,99) 1200m: 17:44,25 (01:28,91) 1300m: 19:11,71 (01:27,46) 1400m: 20:37,71 (01:26,00) 1500m: 21:59,15 (01:21,44)				

Wettkampf 3 - 1500m Freistil männlich

Jg. 97

6.	Joshua Vedral	1997	SG Schwimmen Münster	22:08,17	285
	100m: 01:20,57 (01:20,57) 200m: 02:49,08 (01:28,51) 300m: 04:18,59 (01:29,51) 400m: 05:47,02 (01:28,43) 500m: 07:16,59 (01:29,57) 600m: 08:46,43 (01:29,84) 700m: 10:15,12 (01:28,69) 800m: 11:44,36 (01:29,24) 900m: 13:12,96 (01:28,60) 1000m: 14:42,18 (01:29,22) 1100m: 16:11,61 (01:29,43) 1200m: 17:40,83 (01:29,22) 1300m: 19:10,18 (01:29,35) 1400m: 20:39,31 (01:29,13) 1500m: 22:08,17 (01:28,86)				
7.	Florian Fell	1997	SG Schwimmen Münster	22:08,25	285
	100m: 01:22,09 (01:22,09) 200m: 02:49,66 (01:27,57) 300m: 04:18,16 (01:28,50) 400m: 05:48,09 (01:29,93) 500m: 07:16,84 (01:28,75) 600m: 08:46,78 (01:29,94) 700m: 10:19,34 (01:32,56) 800m: 11:50,90 (01:31,56) 900m: 13:22,90 (01:32,00) 1000m: 14:55,53 (01:32,63) 1100m: 16:21,81 (01:26,28) 1200m: 17:48,62 (01:26,81) 1300m: 19:14,62 (01:26,00) 1400m: 20:42,18 (01:27,56) 1500m: 22:08,25 (01:26,07)				
8.	Nicolas Fell	1997	SG Schwimmen Münster	23:11,20	248
	100m: 01:25,39 (01:25,39) 200m: 02:59,04 (01:33,65) 300m: 04:31,73 (01:32,69) 400m: 06:03,23 (01:31,50) 500m: 07:34,51 (01:31,28) 600m: 09:06,80 (01:32,29) 700m: 10:39,64 (01:32,84) 800m: 12:19,39 (01:39,75) 900m: 13:50,82 (01:31,43) 1000m: 15:25,73 (01:34,91) 1100m: 17:01,26 (01:35,53) 1200m: 18:34,95 (01:33,69) 1300m: 20:11,32 (01:36,37) 1400m: 21:44,54 (01:33,22) 1500m: 23:11,20 (01:26,66)				
9.	Leon Adam	1997	SV TuS 1925 Herten	23:50,26	228
	100m: 01:26,54 (01:26,54) 200m: 02:48,46 (01:21,92) 300m: 04:31,62 (01:43,16) 400m: 06:04,50 (01:32,88) 500m: 07:39,21 (01:34,71) 600m: 09:13,40 (01:34,19) 700m: 10:49,15 (01:35,75) 800m: 12:26,93 (01:37,78) 900m: 14:05,52 (01:38,59) 1000m: 15:44,81 (01:39,29) 1100m: 17:24,54 (01:39,73) 1200m: 19:03,46 (01:38,92) 1300m: 20:43,43 (01:39,97) 1400m: 22:18,28 (01:34,85) 1500m: 23:50,26 (01:31,98)				
10.	Mika Pietsch	1997	SG Schwimmen Münster	24:04,36	221
	100m: 01:27,00 (01:27,00) 200m: 03:03,16 (01:36,16) 300m: 04:40,23 (01:37,07) 400m: 06:18,64 (01:38,41) 500m: 07:57,23 (01:38,59) 600m: 09:34,48 (01:37,25) 700m: 11:13,02 (01:38,54) 800m: 12:50,86 (01:37,84) 900m: 14:28,13 (01:37,27) 1000m: 16:06,16 (01:38,03) 1100m: 17:44,32 (01:38,16) 1200m: 19:22,48 (01:38,16) 1300m: 20:56,45 (01:33,97) 1400m: 22:30,89 (01:34,44) 1500m: 24:04,36 (01:33,47)				

Jg. 96

1.	Pascal Krause	1996	SG Gladbeck	19:44,52	402
	100m: 01:14,09 (01:14,09) 200m: 02:32,94 (01:18,85) 300m: 03:52,65 (01:19,71) 400m: 05:12,25 (01:19,60) 500m: 06:31,49 (01:19,24) 600m: 07:50,84 (01:19,35) 700m: 09:11,05 (01:20,21) 800m: 10:30,02 (01:18,97) 900m: 11:48,88 (01:18,86) 1000m: 13:08,59 (01:19,71) 1100m: 14:28,80 (01:20,21) 1200m: 15:48,59 (01:19,79) 1300m: 17:08,93 (01:20,34) 1400m: 18:29,31 (01:20,38) 1500m: 19:44,52 (01:15,21)				
2.	Henning Kunkel	1996	SG Gladbeck	20:12,06	375
	100m: 01:13,45 (01:13,45) 200m: 02:33,11 (01:19,66) 300m: 03:53,80 (01:20,69) 400m: 05:15,17 (01:21,37) 500m: 06:38,08 (01:22,91) 600m: 08:00,33 (01:22,25) 700m: 09:22,09 (01:21,76) 800m: 10:42,93 (01:20,84) 900m: 12:04,01 (01:21,08) 1000m: 13:24,78 (01:20,77) 1100m: 14:45,27 (01:20,49) 1200m: 16:06,58 (01:21,31) 1300m: 17:28,86 (01:22,28) 1400m: 18:51,02 (01:22,16) 1500m: 20:12,06 (01:21,04)				
3.	Julian Erlhoff	1996	SG Gladbeck	21:19,34	319
	100m: 01:18,15 (01:18,15) 200m: 02:42,01 (01:23,86) 300m: 04:08,00 (01:25,99) 400m: 05:32,43 (01:24,43) 500m: 06:59,03 (01:26,60) 600m: 08:26,29 (01:27,26) 700m: 09:52,57 (01:26,28) 800m: 11:19,34 (01:26,77) 900m: 12:45,46 (01:26,12) 1000m: 14:11,19 (01:25,73) 1100m: 15:37,34 (01:26,15) 1200m: 17:04,06 (01:26,72) 1300m: 18:30,72 (01:26,66) 1400m: 19:56,00 (01:25,28) 1500m: 21:19,34 (01:23,34)				
4.	Alexander Goldbach	1996	SG Gladbeck	21:38,87	305
	100m: 01:19,04 (01:19,04) 200m: 02:45,66 (01:26,62) 300m: 04:12,68 (01:27,02) 400m: 05:40,00 (01:27,32) 500m: 07:06,90 (01:26,90) 600m: 08:33,40 (01:26,50) 700m: 10:00,53 (01:27,13) 800m: 11:28,62 (01:28,09) 900m: 12:56,65 (01:28,03) 1000m: 14:24,28 (01:27,63) 1100m: 15:51,96 (01:27,68) 1200m: 17:20,18 (01:28,22) 1300m: 18:48,56 (01:28,38) 1400m: 20:16,25 (01:27,69) 1500m: 21:38,87 (01:22,62)				
5.	Jan Hüchtebrock	1996	SG Gladbeck	21:54,34	294
	100m: 01:19,55 (01:19,55) 200m: 02:46,39 (01:26,84) 300m: 04:14,67 (01:28,28) 400m: 05:41,67 (01:27,00) 500m: 07:09,95 (01:28,28) 600m: 08:38,08 (01:28,13) 700m: 10:05,34 (01:27,26) 800m: 11:33,14 (01:27,80) 900m: 13:02,33 (01:29,19) 1000m: 14:32,95 (01:30,62) 1100m: 16:02,26 (01:29,31) 1200m: 17:32,61 (01:30,35) 1300m: 19:02,33 (01:29,72) 1400m: 20:31,27 (01:28,94) 1500m: 21:54,34 (01:23,07)				
6.	Nikolai Hochbein	1996	SV Neptun Erkenschwick	22:54,11	257
	100m: 01:15,86 (01:15,86) 200m: 02:43,89 (01:28,03) 300m: 04:14,64 (01:30,75) 400m: 05:46,48 (01:31,84) 500m: 07:19,23 (01:32,75) 600m: 08:52,11 (01:32,88) 700m: 10:02,66 (01:10,55) 800m: 12:01,35 (01:58,69) 900m: 13:35,89 (01:34,54) 1000m: 15:09,92 (01:34,03) 1100m: 16:45,42 (01:35,50) 1200m: 18:20,98 (01:35,56) 1300m: 19:54,95 (01:33,97) 1400m: 21:27,98 (01:33,03) 1500m: 22:54,11 (01:26,13)				

Wettkampf 3 - 1500m Freistil männlich

Jg. 95

1.	Julian Maretzek	1995	SG Gladbeck	18:54,76	457
	100m: 01:08,38 (01:08,38) 200m: 02:23,56 (01:15,18) 300m: 03:39,13 (01:15,57) 400m: 04:55,74 (01:16,61) 500m: 06:12,02 (01:16,28) 600m: 07:28,25 (01:16,23) 700m: 08:45,38 (01:17,13) 800m: 10:02,15 (01:16,77) 900m: 11:19,37 (01:17,22) 1000m: 12:35,81 (01:16,44) 1100m: 13:51,93 (01:16,12) 1200m: 15:09,03 (01:17,10) 1300m: 16:26,24 (01:17,21) 1400m: 17:42,98 (01:16,74) 1500m: 18:54,76 (01:11,78)				
2.	Tim Okunneck	1995	SV BW Recklinghausen	19:10,45	439
	100m: 01:09,07 (01:09,07) 200m: 02:25,26 (01:16,19) 300m: 03:41,36 (01:16,10) 400m: 04:58,80 (01:17,44) 500m: 06:16,67 (01:17,87) 600m: 07:33,73 (01:17,06) 700m: 08:51,02 (01:17,29) 800m: 10:07,76 (01:16,74) 900m: 11:25,45 (01:17,69) 1000m: 12:43,29 (01:17,84) 1100m: 14:01,64 (01:18,35) 1200m: 15:19,76 (01:18,12) 1300m: 16:38,04 (01:18,28) 1400m: 17:56,54 (01:18,50) 1500m: 19:10,45 (01:13,91)				
3.	Jonas Müller	1995	SV Neptun Recklinghausen	19:28,98	418
	100m: 01:10,47 (01:10,47) 200m: 02:27,25 (01:16,78) 300m: 03:46,03 (01:18,78) 400m: 05:04,72 (01:18,69) 500m: 06:24,59 (01:19,87) 600m: 07:43,28 (01:18,69) 700m: 09:01,56 (01:18,28) 800m: 10:19,25 (01:17,69) 900m: 11:37,71 (01:18,46) 1000m: 12:56,87 (01:19,16) 1100m: 14:16,61 (01:19,74) 1200m: 15:34,59 (01:17,98) 1300m: 16:53,56 (01:18,97) 1400m: 18:12,18 (01:18,62) 1500m: 19:28,98 (01:16,80)				
4.	David Mossakowski	1995	SG Gladbeck	20:02,60	384
	100m: 01:12,84 (01:12,84) 200m: 02:33,62 (01:20,78) 300m: 03:55,02 (01:21,40) 400m: 05:13,97 (01:18,95) 500m: 06:36,06 (01:22,09) 600m: 07:56,26 (01:20,20) 700m: 09:17,66 (01:21,40) 800m: 10:38,90 (01:21,24) 900m: 12:00,06 (01:21,16) 1000m: 13:23,39 (01:23,33) 1100m: 14:44,06 (01:20,67) 1200m: 16:07,38 (01:23,32) 1300m: 17:30,00 (01:22,62) 1400m: 18:49,21 (01:19,21) 1500m: 20:02,60 (01:13,39)				
5.	Michael Wittenbrink	1995	SG Gladbeck	20:14,00	373
	100m: 01:13,21 (01:13,21) 200m: 02:33,38 (01:20,17) 300m: 03:54,47 (01:21,09) 400m: 05:16,46 (01:21,99) 500m: 06:37,98 (01:21,52) 600m: 08:00,90 (01:22,92) 700m: 09:22,93 (01:22,03) 800m: 10:44,47 (01:21,54) 900m: 12:06,84 (01:22,37) 1000m: 13:28,27 (01:21,43) 1100m: 14:49,00 (01:20,73) 1200m: 16:11,09 (01:22,09) 1300m: 17:32,80 (01:21,71) 1400m: 18:55,15 (01:22,35) 1500m: 20:14,00 (01:18,85)				
6.	Lukas Kruse	1995	SG SSF Marl-Hüls	20:34,70	355
	100m: 01:13,82 (01:13,82) 200m: 02:35,31 (01:21,49) 300m: 03:57,27 (01:21,96) 400m: 05:19,96 (01:22,69) 500m: 06:43,13 (01:23,17) 600m: 08:06,42 (01:23,29) 700m: 09:29,73 (01:23,31) 800m: 10:53,04 (01:23,31) 900m: 12:16,02 (01:22,98) 1000m: 13:40,64 (01:24,62) 1100m: 15:04,16 (01:23,52) 1200m: 16:27,07 (01:22,91) 1300m: 17:50,04 (01:22,97) 1400m: 19:19,42 (01:29,38) 1500m: 20:34,70 (01:15,28)				
7.	Pascal Laschinski	1995	SV BW Recklinghausen	20:58,32	335
	100m: 01:16,76 (01:16,76) 200m: 02:40,16 (01:23,40) 300m: 04:04,29 (01:24,13) 400m: 05:28,89 (01:24,60) 500m: 06:54,89 (01:26,00) 600m: 08:20,82 (01:25,93) 700m: 09:47,04 (01:26,22) 800m: 11:12,73 (01:25,69) 900m: 12:37,48 (01:24,75) 1000m: 14:03,00 (01:25,52) 1100m: 15:25,04 (01:22,04) 1200m: 16:49,73 (01:24,69) 1300m: 18:14,80 (01:25,07) 1400m: 19:36,42 (01:21,62) 1500m: 20:58,32 (01:21,90)				
8.	Nils Böhmer	1995	SV TuS 1925 Herten	20:59,42	334
	100m: 01:17,22 (01:17,22) 200m: 02:40,29 (01:23,07) 300m: 04:04,19 (01:23,90) 400m: 05:28,74 (01:24,55) 500m: 06:54,28 (01:25,54) 600m: 08:20,62 (01:26,34) 700m: 09:45,43 (01:24,81) 800m: 11:10,12 (01:24,69) 900m: 12:36,03 (01:25,91) 1000m: 13:59,66 (01:23,63) 1100m: 15:25,21 (01:25,55) 1200m: 16:48,62 (01:23,41) 1300m: 18:13,00 (01:24,38) 1400m: 19:36,81 (01:23,81) 1500m: 20:59,42 (01:22,61)				
9.	Marc-André Imkamp	1995	SV Neptun Erkenschwick	23:22,61	242
	100m: 01:23,23 (01:23,23) 200m: 02:56,00 (01:32,77) 300m: 04:30,12 (01:34,12) 400m: 06:03,94 (01:33,82) 500m: 07:38,72 (01:34,78) 600m: 09:13,96 (01:35,24) 700m: 10:49,06 (01:35,10) 800m: 12:23,35 (01:34,29) 900m: 13:58,00 (01:34,65) 1000m: 15:34,97 (01:36,97) 1100m: 17:09,03 (01:34,06) 1200m: 18:43,03 (01:34,00) 1300m: 20:17,00 (01:33,97) 1400m: 21:52,43 (01:35,43) 1500m: 23:22,61 (01:30,18)				
10.	Lukas Stich	1995	SV Rheine 68 e.V.	23:42,23	232
	100m: 01:19,96 (01:19,96) 200m: 02:51,53 (01:31,57) 300m: 04:26,15 (01:34,62) 400m: 06:03,19 (01:37,04) 500m: 07:41,73 (01:38,54) 600m: 09:18,50 (01:36,77) 700m: 10:54,40 (01:35,90) 800m: 12:32,71 (01:38,31) 900m: 14:09,68 (01:36,97) 1000m: 15:45,65 (01:35,97) 1100m: 17:23,27 (01:37,62) 1200m: 19:00,15 (01:36,88) 1300m: 20:38,01 (01:37,86) 1400m: 22:13,52 (01:35,51) 1500m: 23:42,23 (01:28,71)				
11.	Henning Eichmann	1995	Wfr. Atlantis Lembeck e.V.	23:55,06	226
	100m: 01:24,12 (01:24,12) 200m: 02:59,85 (01:35,73) 300m: 04:37,47 (01:37,62) 400m: 06:14,21 (01:36,74) 500m: 07:51,18 (01:36,97) 600m: 09:28,34 (01:37,16) 700m: 11:06,19 (01:37,85) 800m: 12:43,34 (01:37,15) 900m: 14:21,69 (01:38,35) 1000m: 15:59,12 (01:37,43) 1100m: 17:38,02 (01:38,90) 1200m: 19:16,16 (01:38,14) 1300m: 20:54,29 (01:38,13) 1400m: 22:30,75 (01:36,46) 1500m: 23:55,06 (01:24,31)				

abgemeldet

Niclas Blanc

1995 SG Gladbeck

Wettkampf 3 - 1500m Freistil männlich

Jg. 94

1.	Maurice Krause	1994	SG Gladbeck	18:04,41	524
	100m: 01:08,12 (01:08,12) 200m: 02:22,35 (01:14,23) 300m: 03:35,84 (01:13,49) 400m: 04:47,24 (01:11,40) 500m: 05:59,93 (01:12,69) 600m: 07:13,09 (01:13,16) 700m: 08:25,55 (01:12,46) 800m: 09:39,65 (01:14,10) 900m: 10:52,94 (01:13,29) 1000m: 12:05,90 (01:12,96) 1100m: 13:18,87 (01:12,97) 1200m: 14:32,59 (01:13,72) 1300m: 15:46,21 (01:13,62) 1400m: 16:56,75 (01:10,54) 1500m: 18:04,41 (01:07,66)				
2.	Lars Klaphecke	1994	SG Gladbeck	18:33,62	484
	100m: 01:09,87 (01:09,87) 200m: 02:24,99 (01:15,12) 300m: 03:38,99 (01:14,00) 400m: 04:53,59 (01:14,60) 500m: 06:08,18 (01:14,59) 600m: 07:22,77 (01:14,59) 700m: 08:37,84 (01:15,07) 800m: 09:52,33 (01:14,49) 900m: 11:07,55 (01:15,22) 1000m: 12:22,84 (01:15,29) 1100m: 13:38,02 (01:15,18) 1200m: 14:51,53 (01:13,51) 1300m: 16:05,90 (01:14,37) 1400m: 17:20,02 (01:14,12) 1500m: 18:33,62 (01:13,60)				
3.	Maurice Schrewelius	1994	SG Gladbeck	19:06,98	443
	100m: 01:07,90 (01:07,90) 200m: 02:23,43 (01:15,53) 300m: 03:39,62 (01:16,19) 400m: 04:55,20 (01:17,58) 500m: 06:11,58 (01:16,38) 600m: 07:26,99 (01:15,41) 700m: 08:45,27 (01:18,28) 800m: 10:02,72 (01:17,45) 900m: 11:20,08 (01:17,36) 1000m: 12:38,78 (01:18,70) 1100m: 13:55,43 (01:16,65) 1200m: 15:14,68 (01:19,25) 1300m: 16:34,49 (01:19,81) 1400m: 17:51,52 (01:17,03) 1500m: 19:06,98 (01:15,46)				
4.	Lennart Treder	1994	SV BW Recklinghausen	19:30,37	417
	100m: 01:06,03 (01:06,03) 200m: 02:20,32 (01:14,29) 300m: 03:38,13 (01:17,81) 400m: 04:56,16 (01:18,03) 500m: 06:14,49 (01:18,33) 600m: 07:35,16 (01:20,67) 700m: 08:55,09 (01:19,93) 800m: 10:15,81 (01:20,72) 900m: 11:35,37 (01:19,56) 1000m: 12:54,68 (01:19,31) 1100m: 14:13,49 (01:18,81) 1200m: 15:31,78 (01:18,29) 1300m: 16:50,87 (01:19,09) 1400m: 18:21,19 (01:30,32) 1500m: 19:30,37 (01:09,18)				
5.	Erik Mertens	1994	SG SSF Marl-Hüls	19:35,28	412
	100m: 01:09,68 (01:09,68) 200m: 02:27,78 (01:18,10) 300m: 03:47,60 (01:19,82) 400m: 05:06,59 (01:18,99) 500m: 06:26,06 (01:19,47) 600m: 07:46,02 (01:19,96) 700m: 09:05,25 (01:19,23) 800m: 10:23,69 (01:18,44) 900m: 11:43,34 (01:19,65) 1000m: 13:02,18 (01:18,84) 1100m: 14:21,59 (01:19,41) 1200m: 15:40,53 (01:18,94) 1300m: 17:00,56 (01:20,03) 1400m: 18:18,16 (01:17,60) 1500m: 19:35,28 (01:17,12)				
6.	Heval Simsek	1994	SV BW Recklinghausen	20:51,95	340
	100m: 01:11,86 (01:11,86) 200m: 02:33,52 (01:21,66) 300m: 03:57,65 (01:24,13) 400m: 05:22,68 (01:25,03) 500m: 06:47,63 (01:24,95) 600m: 08:13,49 (01:25,86) 700m: 09:38,71 (01:25,22) 800m: 11:04,90 (01:26,19) 900m: 12:30,27 (01:25,37) 1000m: 13:55,02 (01:24,75) 1100m: 15:19,97 (01:24,95) 1200m: 16:45,62 (01:25,65) 1300m: 18:10,65 (01:25,03) 1400m: 19:34,44 (01:23,79) 1500m: 20:51,95 (01:17,51)				
7.	Paul Kern	1994	Bocholter WSV	21:36,65	306
	100m: 01:18,49 (01:18,49) 200m: 02:45,18 (01:26,69) 300m: 04:11,34 (01:26,16) 400m: 05:38,43 (01:27,09) 500m: 07:05,78 (01:27,35) 600m: 08:32,62 (01:26,84) 700m: 09:58,33 (01:25,71) 800m: 11:24,56 (01:26,23) 900m: 12:51,39 (01:26,83) 1000m: 14:18,09 (01:26,70) 1100m: 15:46,81 (01:28,72) 1200m: 17:15,34 (01:28,53) 1300m: 18:42,78 (01:27,44) 1400m: 20:10,99 (01:28,21) 1500m: 21:36,65 (01:25,66)				

disqualifiziert

	Philipp Dronia	1994	SG Gladbeck		EnM
	Der Schwimmer startete vor dem 1.Startsignal. Uhrzeit der Bekanntgabe: 12:51				

Jg. 93

1.	Marius Kusch	1993	SV BW Recklinghausen	18:05,39	523
	100m: 01:03,11 (01:03,11) 200m: 02:13,92 (01:10,81) 300m: 03:25,95 (01:12,03) 400m: 04:38,26 (01:12,31) 500m: 05:51,95 (01:13,69) 600m: 07:06,20 (01:14,25) 700m: 08:20,77 (01:14,57) 800m: 09:34,48 (01:13,71) 900m: 10:48,54 (01:14,06) 1000m: 12:02,36 (01:13,82) 1100m: 13:16,77 (01:14,41) 1200m: 14:30,33 (01:13,56) 1300m: 15:44,00 (01:13,67) 1400m: 16:57,20 (01:13,20) 1500m: 18:05,39 (01:08,19)				
2.	Thomas Schenk	1993	SG Gladbeck	18:06,68	521
	100m: 01:04,47 (01:04,47) 200m: 02:14,81 (01:10,34) 300m: 03:25,62 (01:10,81) 400m: 04:38,59 (01:12,97) 500m: 05:53,24 (01:14,65) 600m: 07:08,24 (01:15,00) 700m: 08:23,21 (01:14,97) 800m: 09:38,03 (01:14,82) 900m: 10:51,27 (01:13,24) 1000m: 12:04,56 (01:13,29) 1100m: 13:17,68 (01:13,12) 1200m: 14:30,72 (01:13,04) 1300m: 15:44,13 (01:13,41) 1400m: 16:56,46 (01:12,33) 1500m: 18:06,68 (01:10,22)				
3.	Maximilian Haese	1993	SV Neptun Recklinghausen	18:26,01	494
	100m: 01:06,08 (01:06,08) 200m: 02:19,13 (01:13,05) 300m: 03:33,24 (01:14,11) 400m: 04:47,27 (01:14,03) 500m: 06:01,74 (01:14,47) 600m: 07:15,95 (01:14,21) 700m: 08:30,01 (01:14,06) 800m: 09:44,68 (01:14,67) 900m: 10:59,23 (01:14,55) 1000m: 12:14,20 (01:14,97) 1100m: 13:28,61 (01:14,41) 1200m: 14:43,48 (01:14,87) 1300m: 15:57,92 (01:14,44) 1400m: 17:12,98 (01:15,06) 1500m: 18:26,01 (01:13,03)				

Wettkampf 3 - 1500m Freistil männlich

Jg. 93

4.	Matthias Mackowiak	1993	SV Neptun Erkenschwick	22:51,14	259
	100m: 01:18,34 (01:18,34) 200m: 02:46,62 (01:28,28) 300m: 04:17,78 (01:31,16) 400m: 05:50,84 (01:33,06) 500m: 07:24,39 (01:33,55) 600m: 08:56,39 (01:32,00) 700m: 10:29,93 (01:33,54) 800m: 12:04,75 (01:34,82) 900m: 13:37,99 (01:33,24) 1000m: 15:11,68 (01:33,69) 1100m: 16:45,40 (01:33,72) 1200m: 18:19,96 (01:34,56) 1300m: 19:53,20 (01:33,24) 1400m: 21:26,81 (01:33,61) 1500m: 22:51,14 (01:24,33)				
5.	Max Teutemacher	1993	TVE Greven	24:36,13	207
	100m: 01:21,03 (01:21,03) 200m: 02:56,43 (01:35,40) 300m: 04:34,02 (01:37,59) 400m: 06:14,18 (01:40,16) 500m: 07:54,30 (01:40,12) 600m: 09:34,36 (01:40,06) 700m: 11:13,62 (01:39,26) 800m: 12:54,64 (01:41,02) 900m: 14:35,40 (01:40,76) 1000m: 16:15,83 (01:40,43) 1100m: 17:57,20 (01:41,37) 1200m: 19:38,45 (01:41,25) 1300m: 21:19,27 (01:40,82) 1400m: 22:59,58 (01:40,31) 1500m: 24:36,13 (01:36,55)				

abgemeldet

Alexander Langer	1993	SVg Bottrop 1924 e.V.
Tobias Sander	1993	SV BW Recklinghausen

Jg. 92

1.	Philipp Siedlaczek	1992	SG Gladbeck	17:41,42	559
	100m: 01:05,45 (01:05,45) 200m: 02:14,89 (01:09,44) 300m: 03:25,00 (01:10,11) 400m: 04:34,83 (01:09,83) 500m: 05:45,70 (01:10,87) 600m: 06:56,86 (01:11,16) 700m: 08:08,61 (01:11,75) 800m: 09:19,64 (01:11,03) 900m: 10:31,26 (01:11,62) 1000m: 11:43,00 (01:11,74) 1100m: 12:54,92 (01:11,92) 1200m: 14:07,11 (01:12,19) 1300m: 15:20,11 (01:13,00) 1400m: 16:33,02 (01:12,91) 1500m: 17:41,42 (01:08,40)				
2.	Sebastian Ameling	1992	SV Rheine 68 eV.	20:39,25	351
	100m: 01:07,59 (01:07,59) 200m: 02:26,87 (01:19,28) 300m: 03:49,14 (01:22,27) 400m: 05:12,34 (01:23,20) 500m: 06:36,71 (01:24,37) 600m: 08:00,08 (01:23,37) 700m: 09:23,56 (01:23,48) 800m: 10:48,34 (01:24,78) 900m: 12:13,48 (01:25,14) 1000m: 13:37,52 (01:24,04) 1100m: 15:02,90 (01:25,38) 1200m: 16:27,90 (01:25,00) 1300m: 17:53,74 (01:25,84) 1400m: 19:20,54 (01:26,80) 1500m: 20:39,25 (01:18,71)				
3.	Marvin Kunze	1992	Poseidon Castrop-Rauxel	20:42,09	349
	100m: 01:07,84 (01:07,84) 200m: 02:25,77 (01:17,93) 300m: 03:46,53 (01:20,76) 400m: 05:07,53 (01:21,00) 500m: 06:32,24 (01:24,71) 600m: 07:56,81 (01:24,57) 700m: 09:22,05 (01:25,24) 800m: 10:49,83 (01:27,78) 900m: 12:14,84 (01:25,01) 1000m: 13:43,15 (01:28,31) 1100m: 15:06,98 (01:23,83) 1200m: 16:34,46 (01:27,48) 1300m: 17:58,37 (01:23,91) 1400m: 19:21,68 (01:23,31) 1500m: 20:42,09 (01:20,41)				
4.	Alexander Bähr	1992	SG Gladbeck	21:01,23	333
	100m: 01:19,24 (01:19,24) 200m: 02:44,21 (01:24,97) 300m: 04:08,65 (01:24,44) 400m: 05:32,80 (01:24,15) 500m: 06:58,12 (01:25,32) 600m: 08:22,58 (01:24,46) 700m: 09:47,49 (01:24,91) 800m: 11:12,62 (01:25,13) 900m: 12:37,56 (01:24,94) 1000m: 14:02,09 (01:24,53) 1100m: 15:26,71 (01:24,62) 1200m: 16:51,25 (01:24,54) 1300m: 18:16,31 (01:25,06) 1400m: 19:40,44 (01:24,13) 1500m: 21:01,23 (01:20,79)				
5.	Philipp Stich	1992	SV Rheine 68 eV.	22:15,94	280
	100m: 01:16,96 (01:16,96) 200m: 02:43,56 (01:26,60) 300m: 04:14,18 (01:30,62) 400m: 05:46,53 (01:32,35) 500m: 07:18,00 (01:31,47) 600m: 08:49,28 (01:31,28) 700m: 10:20,63 (01:31,35) 800m: 11:52,00 (01:31,37) 900m: 13:23,69 (01:31,69) 1000m: 14:54,21 (01:30,52) 1100m: 16:24,54 (01:30,33) 1200m: 17:54,90 (01:30,36) 1300m: 19:24,12 (01:29,22) 1400m: 20:51,83 (01:27,71) 1500m: 22:15,94 (01:24,11)				

abgemeldet

Jens Okunneck	1992	SV BW Recklinghausen
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Jg. 90/91

1.	Christopher Huber	1990	SG Gladbeck	17:15,40	602
	100m: 01:02,29 (01:02,29) 200m: 02:08,92 (01:06,63) 300m: 03:16,57 (01:07,65) 400m: 04:24,86 (01:08,29) 500m: 05:34,89 (01:10,03) 600m: 06:44,60 (01:09,71) 700m: 07:54,29 (01:09,69) 800m: 09:04,54 (01:10,25) 900m: 10:14,07 (01:09,53) 1000m: 11:23,51 (01:09,44) 1100m: 12:33,48 (01:09,97) 1200m: 13:43,95 (01:10,47) 1300m: 14:54,95 (01:11,00) 1400m: 16:05,89 (01:10,94) 1500m: 17:15,40 (01:09,51)				
2.	Maximilian Neubauer	1990	SV BW Recklinghausen	19:02,88	448
	100m: 01:06,93 (01:06,93) 200m: 02:20,09 (01:13,16) 300m: 03:35,42 (01:15,33) 400m: 04:51,84 (01:16,42) 500m: 06:09,31 (01:17,47) 600m: 07:27,03 (01:17,72) 700m: 08:43,60 (01:16,57) 800m: 10:00,62 (01:17,02) 900m: 11:18,18 (01:17,56) 1000m: 12:35,03 (01:16,85) 1100m: 13:52,75 (01:17,72) 1200m: 15:10,62 (01:17,87) 1300m: 16:28,56 (01:17,94) 1400m: 17:46,22 (01:17,66) 1500m: 19:02,88 (01:16,66)				

Wettkampf 3 - 1500m Freistil männlich**Jg. 90/91**

3.	Christian Wittenbrink	1991	SG Gladbeck	19:41,49	405
	200m: 02:16,66 (02:16,66) 300m: 03:32,65 (01:15,99) 400m: 04:50,59 (01:17,94) 500m: 06:09,31 (01:18,72) 600m: 07:27,47 (01:18,16) 700m: 08:47,56 (01:20,09) 800m: 10:09,12 (01:21,56) 900m: 11:31,09 (01:21,97) 1000m: 12:53,87 (01:22,78) 1100m: 14:11,71 (01:17,84) 1200m: 15:33,31 (01:21,60) 1300m: 16:55,74 (01:22,43) 1400m: 18:18,87 (01:23,13) 1500m: 19:41,49 (01:22,62)				
4.	Michael Ihling	1991	Bocholter WSV	19:57,30	389
	100m: 01:08,84 (01:08,84) 200m: 02:26,06 (01:17,22) 300m: 03:46,51 (01:20,45) 400m: 05:06,56 (01:20,05) 500m: 06:29,47 (01:22,91) 600m: 07:51,75 (01:22,28) 700m: 09:14,22 (01:22,47) 800m: 10:35,56 (01:21,34) 900m: 11:56,81 (01:21,25) 1000m: 13:18,00 (01:21,19) 1100m: 14:39,59 (01:21,59) 1200m: 16:01,59 (01:22,00) 1300m: 17:22,81 (01:21,22) 1400m: 18:42,31 (01:19,50) 1500m: 19:57,30 (01:14,99)				
5.	Simon Oelmann	1991	Schwimmverein Haltern	21:26,70	314
	100m: 01:14,53 (01:14,53) 200m: 02:37,37 (01:22,84) 300m: 04:02,40 (01:25,03) 400m: 05:28,16 (01:25,76) 500m: 06:53,46 (01:25,30) 600m: 08:17,77 (01:24,31) 700m: 09:44,18 (01:26,41) 800m: 11:11,75 (01:27,57) 900m: 12:39,56 (01:27,81) 1000m: 14:08,43 (01:28,87) 1100m: 15:36,55 (01:28,12) 1200m: 17:06,24 (01:29,69) 1300m: 18:35,40 (01:29,16) 1400m: 20:02,15 (01:26,75) 1500m: 21:26,70 (01:24,55)				

Offene Wertung

1.	und Bezirksmeister 2009				
	Christopher Huber	1990	SG Gladbeck	17:15,40	602
	100m: 01:02,29 (01:02,29) 200m: 02:08,92 (01:06,63) 300m: 03:16,57 (01:07,65) 400m: 04:24,86 (01:08,29) 500m: 05:34,89 (01:10,03) 600m: 06:44,60 (01:09,71) 700m: 07:54,29 (01:09,69) 800m: 09:04,54 (01:10,25) 900m: 10:14,07 (01:09,53) 1000m: 11:23,51 (01:09,44) 1100m: 12:33,48 (01:09,97) 1200m: 13:43,95 (01:10,47) 1300m: 14:54,95 (01:11,00) 1400m: 16:05,89 (01:10,94) 1500m: 17:15,40 (01:09,51)				
2.	Philipp Siedlaczek	1992	SG Gladbeck	17:41,42	559
	100m: 01:05,45 (01:05,45) 200m: 02:14,89 (01:09,44) 300m: 03:25,00 (01:10,11) 400m: 04:34,83 (01:09,83) 500m: 05:45,70 (01:10,87) 600m: 06:56,86 (01:11,16) 700m: 08:08,61 (01:11,75) 800m: 09:19,64 (01:11,03) 900m: 10:31,26 (01:11,62) 1000m: 11:43,00 (01:11,74) 1100m: 12:54,92 (01:11,92) 1200m: 14:07,11 (01:12,19) 1300m: 15:20,11 (01:13,00) 1400m: 16:33,02 (01:12,91) 1500m: 17:41,42 (01:08,40)				
3.	Maurice Krause	1994	SG Gladbeck	18:04,41	524
	100m: 01:08,12 (01:08,12) 200m: 02:22,35 (01:14,23) 300m: 03:35,84 (01:13,49) 400m: 04:47,24 (01:11,40) 500m: 05:59,93 (01:12,69) 600m: 07:13,09 (01:13,16) 700m: 08:25,55 (01:12,46) 800m: 09:39,65 (01:14,10) 900m: 10:52,94 (01:13,29) 1000m: 12:05,90 (01:12,96) 1100m: 13:18,87 (01:12,97) 1200m: 14:32,59 (01:13,72) 1300m: 15:46,21 (01:13,62) 1400m: 16:56,75 (01:10,54) 1500m: 18:04,41 (01:07,66)				
4.	Marius Kusch	1993	SV BW Recklinghausen	18:05,39	523
	100m: 01:03,11 (01:03,11) 200m: 02:13,92 (01:10,81) 300m: 03:25,95 (01:12,03) 400m: 04:38,26 (01:12,31) 500m: 05:51,95 (01:13,69) 600m: 07:06,20 (01:14,25) 700m: 08:20,77 (01:14,57) 800m: 09:34,48 (01:13,71) 900m: 10:48,54 (01:14,06) 1000m: 12:02,36 (01:13,82) 1100m: 13:16,77 (01:14,41) 1200m: 14:30,33 (01:13,56) 1300m: 15:44,00 (01:13,67) 1400m: 16:57,20 (01:13,20) 1500m: 18:05,39 (01:08,19)				
5.	Thomas Schenk	1993	SG Gladbeck	18:06,68	521
	100m: 01:04,47 (01:04,47) 200m: 02:14,81 (01:10,34) 300m: 03:25,62 (01:10,81) 400m: 04:38,59 (01:12,97) 500m: 05:53,24 (01:14,65) 600m: 07:08,24 (01:15,00) 700m: 08:23,21 (01:14,97) 800m: 09:38,03 (01:14,82) 900m: 10:51,27 (01:13,24) 1000m: 12:04,56 (01:13,29) 1100m: 13:17,68 (01:13,12) 1200m: 14:30,72 (01:13,04) 1300m: 15:44,13 (01:13,41) 1400m: 16:56,46 (01:12,33) 1500m: 18:06,68 (01:10,22)				
6.	Maximilian Haese	1993	SV Neptun Recklinghausen	18:26,01	494
	100m: 01:06,08 (01:06,08) 200m: 02:19,13 (01:13,05) 300m: 03:33,24 (01:14,11) 400m: 04:47,27 (01:14,03) 500m: 06:01,74 (01:14,47) 600m: 07:15,95 (01:14,21) 700m: 08:30,01 (01:14,06) 800m: 09:44,68 (01:14,67) 900m: 10:59,23 (01:14,55) 1000m: 12:14,20 (01:14,97) 1100m: 13:28,61 (01:14,41) 1200m: 14:43,48 (01:14,87) 1300m: 15:57,92 (01:14,44) 1400m: 17:12,98 (01:15,06) 1500m: 18:26,01 (01:13,03)				
7.	Lars Klaphecke	1994	SG Gladbeck	18:33,62	484
	100m: 01:09,87 (01:09,87) 200m: 02:24,99 (01:15,12) 300m: 03:38,99 (01:14,00) 400m: 04:53,59 (01:14,60) 500m: 06:08,18 (01:14,59) 600m: 07:22,77 (01:14,59) 700m: 08:37,84 (01:15,07) 800m: 09:52,33 (01:14,49) 900m: 11:07,55 (01:15,22) 1000m: 12:22,84 (01:15,29) 1100m: 13:38,02 (01:15,18) 1200m: 14:51,53 (01:13,51) 1300m: 16:05,90 (01:14,37) 1400m: 17:20,02 (01:14,12) 1500m: 18:33,62 (01:13,60)				
8.	Julian Maretzek	1995	SG Gladbeck	18:54,76	457
	100m: 01:08,38 (01:08,38) 200m: 02:23,56 (01:15,18) 300m: 03:39,13 (01:15,57) 400m: 04:55,74 (01:16,61) 500m: 06:12,02 (01:16,28) 600m: 07:28,25 (01:16,23) 700m: 08:45,38 (01:17,13) 800m: 10:02,15 (01:16,77) 900m: 11:19,37 (01:17,22) 1000m: 12:35,81 (01:16,44) 1100m: 13:51,93 (01:16,12) 1200m: 15:09,03 (01:17,10) 1300m: 16:26,24 (01:17,21) 1400m: 17:42,98 (01:16,74) 1500m: 18:54,76 (01:11,78)				

Wettkampf 3 - 1500m Freistil männlich**Offene Wertung**

9.	Maximilian Neubauer	1990	SV BW Recklinghausen	19:02,88	448
	100m: 01:06,93 (01:06,93) 200m: 02:20,09 (01:13,16) 300m: 03:35,42 (01:15,33) 400m: 04:51,84 (01:16,42) 500m: 06:09,31 (01:17,47) 600m: 07:27,03 (01:17,72) 700m: 08:43,60 (01:16,57) 800m: 10:00,62 (01:17,02) 900m: 11:18,18 (01:17,56) 1000m: 12:35,03 (01:16,85) 1100m: 13:52,75 (01:17,72) 1200m: 15:10,62 (01:17,87) 1300m: 16:28,56 (01:17,94) 1400m: 17:46,22 (01:17,66) 1500m: 19:02,88 (01:16,66)				
10.	Maurice Schrewelius	1994	SG Gladbeck	19:06,98	443
	100m: 01:07,90 (01:07,90) 200m: 02:23,43 (01:15,53) 300m: 03:39,62 (01:16,19) 400m: 04:55,20 (01:15,58) 500m: 06:11,58 (01:16,38) 600m: 07:26,99 (01:15,41) 700m: 08:45,27 (01:18,28) 800m: 10:02,72 (01:17,45) 900m: 11:20,08 (01:17,36) 1000m: 12:38,78 (01:18,70) 1100m: 13:55,43 (01:16,65) 1200m: 15:14,68 (01:19,25) 1300m: 16:34,49 (01:19,81) 1400m: 17:51,52 (01:17,03) 1500m: 19:06,98 (01:15,46)				

abgemeldet

Niclas Blanc	1995	SG Gladbeck
Alexander Langer	1993	SVg Bottrop 1924 e.V.
Tobias Sander	1993	SV BW Recklinghausen
Jens Okunneck	1992	SV BW Recklinghausen

disqualifiziert

Philipp Dronia	1994	SG Gladbeck	EnM
Der Schwimmer startete vor dem 1.Startsignal. Uhrzeit der Bekanntgabe: 12:51			

Abschnittsende: 13:24 Uhr

Protokollende: 13:34 Uhr

Schiedsrichter_____
Protokollführer

Abschnitt 2

Wettkampf 4	400m Freistil weiblich
Wettkampf 5	400m Freistil männlich
Wettkampf 6	400m Lagen weiblich
Wettkampf 7	400m Lagen männlich
Wettkampf 8	1500m Freistil weiblich
Wettkampf 9	1500m Freistil männlich
Wettkampf 10	800m Freistil männlich
Wettkampf 11	400m Lagen weiblich
Wettkampf 12	400m Lagen männlich

Wettkampf 4 - 400m Freistil weiblich

Keine Pflichtzeiten

AK65

1. Susanne Neuhaus	1941/AK65	SG Gladbeck	08:28,73	332
100m: 02:03,42 (02:03,42) 200m: 04:13,23 (02:09,81) 300m: 06:22,92 (02:09,69) 400m: 08:28,73 (02:05,81)				

AK45

1. Christa Ruhmüller	1964/AK45	TV-Emsdetten	06:01,02	486
100m: 01:20,76 (01:20,76) 200m: 02:52,89 (01:32,13) 300m: 04:27,51 (01:34,62) 400m: 06:01,02 (01:33,51)				
2. Sabine Lehmann	1964/AK45	SV TuS 1925 Herten	08:12,18	191
100m: 01:55,59 (01:55,59) 200m: 04:01,93 (02:06,34) 300m: 06:10,12 (02:08,19) 400m: 08:12,18 (02:02,06)				

AK40

1. Helga Linnenbaum	1967/AK40	TV-Emsdetten	04:51,28	867
100m: 01:04,34 (01:04,34) 200m: 02:19,72 (01:15,38) 300m: 03:37,25 (01:17,53) 400m: 04:51,28 (01:14,03)				
2. Jutta Kallhoff	1965/AK40	SV TuS 1925 Herten	07:57,77	196
100m: 01:45,89 (01:45,89) 200m: 03:48,25 (02:02,36) 300m: 05:53,84 (02:05,59) 400m: 07:57,77 (02:03,93)				

AK20

1. Sabrina Kosberg	1989/AK20	SG Gladbeck	05:36,31	480
100m: 01:15,20 (01:15,20) 200m: 02:40,72 (01:25,52) 300m: 04:08,90 (01:28,18) 400m: 05:36,31 (01:27,41)				
2. Sandra Sprenger	1989/AK20	Wfr. Atlantis Lembeck e.V.	06:13,34	350
100m: 01:26,57 (01:26,57) 200m: 03:02,82 (01:36,25) 300m: 04:40,39 (01:37,57) 400m: 06:13,34 (01:32,95)				

Wettkampf 5 - 400m Freistil männlich

Keine Pflichtzeiten

AK70

1. Günter Peck	1939/AK70	SG SSF Marl-Hüls	08:16,57	375
100m: 01:45,76 (01:45,76) 200m: 03:55,47 (02:09,71) 300m: 06:08,12 (02:12,65) 400m: 08:16,57 (02:08,45)				

AK50

1. Dieter Kopsicker	1959/AK50	SG SSF Marl-Hüls	05:43,89	506
100m: 01:20,26 (01:20,26) 200m: 02:49,74 (01:29,48) 300m: 04:19,64 (01:29,90) 400m: 05:43,89 (01:24,25)				

AK45

1. Thomas Spickenbaum	1961/AK45	SG Gladbeck	05:11,04	623
100m: 01:13,04 (01:13,04) 200m: 02:32,08 (01:19,04) 300m: 03:51,54 (01:19,46) 400m: 05:11,04 (01:19,50)				
2. Udo Aupke	1961/AK45	TV-Emsdetten	05:51,32	432
100m: 01:19,60 (01:19,60) 200m: 02:49,64 (01:30,04) 300m: 04:21,51 (01:31,87) 400m: 05:51,32 (01:29,81)				

Nordwestf. Meisterschaften u. Jg.-Meisterschaften der Jg. 1990 bis 1999, einschl. Mastersmeisterschaften "Lange Strecken"
Schwimmbezirk Nordrheinwestfalen SG Gladbeck

Wettkampf 5 - 400m Freistil männlich**AK35**

- | | | | | | |
|----|---|-----------|------------------|----------|-----|
| 1. | Alexander Janitzki | 1973/AK35 | Bocholter WSV | 04:34,68 | 686 |
| | 100m: 01:03,87 (01:03,87) 200m: 02:13,89 (01:10,02) 300m: 03:24,74 (01:10,85) | | | | |
| | 400m: 04:34,68 (01:09,94) | | | | |
| 2. | Carsten Künsken | 1970/AK35 | SG SSF Marl-Hüls | 05:13,46 | 462 |
| | 100m: 01:12,31 (01:12,31) 200m: 02:32,00 (01:19,69) 300m: 03:52,99 (01:20,99) | | | | |
| | 400m: 05:13,46 (01:20,47) | | | | |

AK25

- | | | | | | |
|----|---|-----------|-------------|----------|-----|
| 1. | Stefan Purwin | 1981/AK25 | SG Gladbeck | 05:22,17 | 448 |
| | 100m: 01:14,81 (01:14,81) 200m: 02:36,77 (01:21,96) 300m: 03:59,84 (01:23,07) | | | | |
| | 400m: 05:22,17 (01:22,33) | | | | |

Wettkampf 6 - 400m Lagen weiblich

Jahrgang	1989 und älter	1990 - 1991	1992	1993	1994	1995	1996	1997
Pflichtzeit	06:30,00	06:30,00	06:30,00	06:35,00	06:40,00	06:45,00	07:00,00	07:45,00
Jahrgang	1998	1999						
Pflichtzeit	08:30,00	00:09,15						

Jg. 99

- | | | | | | |
|----|---|------|-----------------------|----------|-----|
| 1. | Jana Albers | 1999 | SG Schwimmen Münster | 06:23,97 | 361 |
| | 100m: 01:35,21 (01:35,21) 200m: 03:10,88 (01:35,67) 300m: 04:55,81 (01:44,93) | | | | |
| | 400m: 06:23,97 (01:28,16) | | | | |
| 2. | Greta Baum | 1999 | SG Schwimmen Münster | 07:18,48 | 242 |
| | 100m: 01:53,02 (01:53,02) 200m: 03:42,13 (01:49,11) 300m: 05:39,76 (01:57,63) | | | | |
| | 400m: 07:18,48 (01:38,72) | | | | |
| 3. | Lina Amshoff | 1999 | SV Epe 1959 | 07:52,40 | 194 |
| | 100m: 01:58,34 (01:58,34) 200m: 04:02,18 (02:03,84) 300m: 06:07,77 (02:05,59) | | | | |
| | 400m: 07:52,40 (01:44,63) | | | | |
| 4. | Paula Menker | 1999 | SVg Bottrop 1924 e.V. | 07:58,29 | 187 |
| | 100m: 02:03,89 (02:03,89) 200m: 04:03,39 (01:59,50) 300m: 06:11,54 (02:08,15) | | | | |
| | 400m: 07:58,29 (01:46,75) | | | | |

Jg. 98

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|-----|---|------|------------------------|----------|-----|
| 1. | Laura Goldbach | 1998 | SG Gladbeck | 06:24,95 | 358 |
| | 100m: 01:34,13 (01:34,13) 200m: 03:08,07 (01:33,94) 300m: 05:00,04 (01:51,97) | | | | |
| | 400m: 06:24,95 (01:24,91) | | | | |
| 2. | Grete Steiner | 1998 | Bezirk Nordwestfalen | 06:37,16 | 326 |
| | 100m: 01:31,48 (01:31,48) 200m: 03:12,32 (01:40,84) 300m: 05:07,04 (01:54,72) | | | | |
| | 400m: 06:37,16 (01:30,12) | | | | |
| 3. | Annalena Felker | 1998 | SG Gladbeck | 06:39,97 | 320 |
| | 100m: 01:38,97 (01:38,97) 200m: 03:22,07 (01:43,10) 300m: 05:08,31 (01:46,24) | | | | |
| | 400m: 06:39,97 (01:31,66) | | | | |
| 4. | Ronja Doppelmann | 1998 | SG Schwimmen Münster | 06:45,23 | 307 |
| | 100m: 01:45,21 (01:45,21) 200m: 03:25,72 (01:40,51) 300m: 05:14,65 (01:48,93) | | | | |
| | 400m: 06:45,23 (01:30,58) | | | | |
| 4. | Vanessa Neteler | 1998 | SG Schwimmen Münster | 06:45,23 | 307 |
| | 100m: 01:32,55 (01:32,55) 200m: 03:21,45 (01:48,90) 300m: 05:13,61 (01:52,16) | | | | |
| | 400m: 06:45,23 (01:31,62) | | | | |
| 6. | Jacqueline Jarocki | 1998 | SV Neptun Erkenschwick | 06:54,75 | 287 |
| | 100m: 01:39,93 (01:39,93) 200m: 03:26,27 (01:46,34) 300m: 05:23,81 (01:57,54) | | | | |
| | 400m: 06:54,75 (01:30,94) | | | | |
| 7. | Dana Schwarze | 1998 | SVg Bottrop 1924 e.V. | 07:05,42 | 265 |
| | 100m: 01:40,62 (01:40,62) 200m: 03:31,87 (01:51,25) 300m: 05:28,65 (01:56,78) | | | | |
| | 400m: 07:05,42 (01:36,77) | | | | |
| 8. | Anna Paganetty | 1998 | SV Epe 1959 | 07:28,30 | 227 |
| | 100m: 01:50,16 (01:50,16) 200m: 03:42,25 (01:52,09) 300m: 05:46,71 (02:04,46) | | | | |
| | 400m: 07:28,30 (01:41,59) | | | | |
| 9. | Britt Hansen | 1998 | SV Epe 1959 | 07:34,51 | 218 |
| | 100m: 01:50,26 (01:50,26) 200m: 03:46,10 (01:55,84) 300m: 05:50,95 (02:04,85) | | | | |
| | 400m: 07:34,51 (01:43,56) | | | | |
| 10. | Andrea Harbring | 1998 | TSV Bocholt | 07:36,45 | 215 |
| | 100m: 02:02,70 (02:02,70) 200m: 03:56,76 (01:54,06) 300m: 05:55,02 (01:58,26) | | | | |
| | 400m: 07:36,45 (01:41,43) | | | | |

Wettkampf 6 - 400m Lagen weiblich**Jg. 97**

1.	Nina Steiger	1997	SG Gladbeck	05:37,13	534
	100m: 01:18,10 (01:18,10) 200m: 02:43,76 (01:25,66) 300m: 04:21,45 (01:37,69) 400m: 05:37,13 (01:15,68)				
2.	Anna-Lena Schneider	1997	SG Schwimmen Münster	06:13,26	393
	100m: 01:36,97 (01:36,97) 200m: 03:10,65 (01:33,68) 300m: 04:51,03 (01:40,38) 400m: 06:13,26 (01:22,23)				
3.	Kim Uhlendorf	1997	SG Gladbeck	06:17,34	381
	100m: 01:23,49 (01:23,49) 200m: 03:05,74 (01:42,25) 300m: 04:51,58 (01:45,84) 400m: 06:17,34 (01:25,76)				
4.	Judith Epping	1997	SG Gladbeck	06:29,91	345
	100m: 01:41,84 (01:41,84) 200m: 03:14,20 (01:32,36) 300m: 05:04,30 (01:50,10) 400m: 06:29,91 (01:25,61)				
5.	Ann-Katrin Borgert	1997	SV Epe 1959	06:41,83	315
	100m: 01:41,48 (01:41,48) 200m: 03:22,11 (01:40,63) 300m: 05:12,83 (01:50,72) 400m: 06:41,83 (01:29,00)				
6.	Inga Lis Schuten	1997	SG Gladbeck	06:41,95	315
	100m: 01:48,92 (01:48,92) 200m: 03:26,80 (01:37,88) 300m: 05:17,64 (01:50,84) 400m: 06:41,95 (01:24,31)				
7.	Nina Marnett	1997	SG Gladbeck	06:42,86	313
	100m: 01:40,73 (01:40,73) 200m: 03:19,36 (01:38,63) 300m: 05:14,67 (01:55,31) 400m: 06:42,86 (01:28,19)				
8.	Isa van den Bosch	1997	SG Schwimmen Münster	06:50,99	294
	100m: 01:43,65 (01:43,65) 200m: 03:28,52 (01:44,87) 300m: 05:21,90 (01:53,38) 400m: 06:50,99 (01:29,09)				
9.	Sina Wellinghorst	1997	SV Epe 1959	06:54,60	287
	100m: 01:40,72 (01:40,72) 200m: 03:22,80 (01:42,08) 300m: 05:22,34 (01:59,54) 400m: 06:54,60 (01:32,26)				
10.	Ganze Varol	1997	SG Gladbeck	06:57,47	281
	100m: 01:42,65 (01:42,65) 200m: 03:22,66 (01:40,01) 300m: 05:22,96 (02:00,30) 400m: 06:57,47 (01:34,51)				
11.	Laura Heuer	1997	SV Epe 1959	07:07,71	261
	100m: 01:40,00 (01:40,00) 200m: 03:27,90 (01:47,90) 300m: 05:31,15 (02:03,25) 400m: 07:07,71 (01:36,56)				
12.	Ebru Merdivan	1997	SG Gladbeck	07:20,60	239
	100m: 01:44,90 (01:44,90) 200m: 03:42,21 (01:57,31) 300m: 05:38,18 (01:55,97) 400m: 07:20,60 (01:42,42)				

nicht am Start

Celine Dämmer 1997 SVg Bottrop 1924 e.V. EnM

Jg. 96

1.	Maggy Rokyttá	1996	SG Gladbeck	05:41,65	513
	100m: 01:20,09 (01:20,09) 200m: 02:48,59 (01:28,50) 300m: 04:24,87 (01:36,28) 400m: 05:41,65 (01:16,78)				
2.	Nele Albers	1996	SG Schwimmen Münster	05:45,08	498
	100m: 01:23,17 (01:23,17) 200m: 02:52,20 (01:29,03) 300m: 04:27,80 (01:35,60) 400m: 05:45,08 (01:17,28)				
3.	Michelle Klomfaß	1996	SG Gladbeck	05:54,74	458
	100m: 01:22,30 (01:22,30) 200m: 02:49,08 (01:26,78) 300m: 04:36,59 (01:47,51) 400m: 05:54,74 (01:18,15)				
4.	Laura Eichler	1996	SG Gladbeck	05:58,89	443
	100m: 01:23,02 (01:23,02) 200m: 02:57,85 (01:34,83) 300m: 04:38,24 (01:40,39) 400m: 05:58,89 (01:20,65)				
5.	Vivienne Pfaff	1996	SG Gelsenkirchen	06:10,06	404
	100m: 01:24,77 (01:24,77) 200m: 02:59,25 (01:34,48) 300m: 04:42,22 (01:42,97) 400m: 06:10,06 (01:27,84)				
6.	Lena Heinrichs	1996	SG Gladbeck	06:14,70	389
	100m: 01:33,86 (01:33,86) 200m: 03:04,95 (01:31,09) 300m: 04:58,36 (01:53,41) 400m: 06:14,70 (01:16,34)				
7.	Miriam Kuna	1996	SG Schwimmen Münster	06:15,75	386
	100m: 01:30,00 (01:30,00) 200m: 03:06,03 (01:36,03) 300m: 04:52,15 (01:46,12) 400m: 06:15,75 (01:23,60)				
8.	Johanna Redzinski	1996	SG Gladbeck	06:17,80	379
	100m: 01:32,97 (01:32,97) 200m: 03:11,00 (01:38,03) 300m: 04:54,69 (01:43,69) 400m: 06:17,80 (01:23,11)				
9.	Joyce Rokyttá	1996	SG Gladbeck	06:20,60	371
	100m: 01:33,93 (01:33,93) 200m: 03:09,11 (01:35,18) 300m: 05:00,00 (01:50,89) 400m: 06:20,60 (01:20,60)				

Wettkampf 6 - 400m Lagen weiblich**Jg. 96**

10.	Jule Hansen	1996	SV Epe 1959	06:28,86	348
	100m: 01:30,27 (01:30,27)	200m: 03:08,59 (01:38,32)	300m: 05:02,49 (01:53,90)		
	400m: 06:28,86 (01:26,37)				
11.	Natalie Nappers	1996	SV Epe 1959	06:29,04	347
	100m: 01:32,82 (01:32,82)	200m: 03:16,39 (01:43,57)	300m: 05:02,60 (01:46,21)		
	400m: 06:29,04 (01:26,44)				
12.	Leonie Heinrichs	1996	SG Gladbeck	06:36,97	327
	100m: 01:41,21 (01:41,21)	200m: 03:18,40 (01:37,19)	300m: 05:10,28 (01:51,88)		
	400m: 06:36,97 (01:26,69)				
13.	Fabienne Ruhmüller	1996	TV-Emsdetten	06:40,10	319
	100m: 01:32,51 (01:32,51)	200m: 03:17,20 (01:44,69)	300m: 05:10,23 (01:53,03)		
	400m: 06:40,10 (01:29,87)				
14.	Etien Julie Walle	1996	SV Neptun Recklinghausen	06:43,18	312
	100m: 01:43,68 (01:43,68)	200m: 03:18,96 (01:35,28)	300m: 05:13,27 (01:54,31)		
	400m: 06:43,18 (01:29,91)				
15.	Ann-Christin Neugebauer	1996	Schwimmverein Haltern	06:53,02	290
	100m: 01:34,95 (01:34,95)	200m: 03:19,39 (01:44,44)	300m: 05:15,92 (01:56,53)		
	400m: 06:53,02 (01:37,10)				

abgemeldet

Antonia Arns 1996 SV Neptun Recklinghausen

Jg. 95

1.	Sandra Schüller	1995	SV Neptun Erkenschwick	05:56,36	452
	100m: 01:26,22 (01:26,22)	200m: 02:58,06 (01:31,84)	300m: 04:36,84 (01:38,78)		
	400m: 05:56,36 (01:19,52)				
2.	Katharina Wöhle	1995	SG SSF Marl-Hüls	06:09,23	406
	100m: 01:45,49 (01:45,49)	200m: 02:57,52 (01:12,03)	300m: 04:46,78 (01:49,26)		
	400m: 06:09,23 (01:22,45)				
3.	Nicola Gierga	1995	SG Gladbeck	06:12,06	397
	100m: 01:25,49 (01:25,49)	200m: 03:00,84 (01:35,35)	300m: 04:47,31 (01:46,47)		
	400m: 06:12,06 (01:24,75)				
4.	Melina Mendritzki	1995	SV TuS 1925 Herten	06:20,09	372
	100m: 01:28,49 (01:28,49)	200m: 03:04,74 (01:36,25)	300m: 04:55,77 (01:51,03)		
	400m: 06:20,09 (01:24,32)				
5.	Annalena Hartmann	1995	SV Neptun Erkenschwick	06:20,23	372
	100m: 01:25,42 (01:25,42)	200m: 02:59,64 (01:34,22)	300m: 04:52,16 (01:52,52)		
	400m: 06:20,23 (01:28,07)				
6.	Merle Heitmann	1995	Wfr. Atlantis Lembeck e.V.	06:20,60	371
	100m: 01:28,13 (01:28,13)	200m: 03:05,60 (01:37,47)	300m: 04:58,93 (01:53,33)		
	400m: 06:20,60 (01:21,67)				
7.	Laura Hoffmann	1995	SV BW Recklinghausen	06:25,23	358
	100m: 01:30,42 (01:30,42)	200m: 03:07,04 (01:36,62)	300m: 05:00,10 (01:53,06)		
	400m: 06:25,23 (01:25,13)				
8.	Lina Achtermann	1995	SVg Bottrop 1924 e.V.	06:35,04	332
	100m: 01:26,07 (01:26,07)	200m: 03:11,70 (01:45,63)	300m: 05:08,36 (01:56,66)		
	400m: 06:35,04 (01:26,68)				

Jg. 94

1.	Yvonne Klomfaß	1994	SG Gladbeck	05:41,96	512
	100m: 01:13,86 (01:13,86)	200m: 02:42,34 (01:28,48)	300m: 04:25,80 (01:43,46)		
	400m: 05:41,96 (01:16,16)				
2.	Katharina Böse	1994	SV Rheine 68 e.V.	05:53,98	461
	100m: 01:25,02 (01:25,02)	200m: 02:52,22 (01:27,20)	300m: 04:38,91 (01:46,69)		
	400m: 05:53,98 (01:15,07)				
3.	Lena Thiehofe	1994	SG Gladbeck	05:58,44	444
	100m: 01:20,07 (01:20,07)	200m: 02:52,18 (01:32,11)	300m: 04:31,96 (01:39,78)		
	400m: 05:58,44 (01:26,48)				
4.	Lena Töns	1994	Wfr. Atlantis Lembeck e.V.	06:03,39	426
	100m: 01:32,30 (01:32,30)	200m: 03:00,61 (01:28,31)	300m: 04:39,08 (01:38,47)		
	400m: 06:03,39 (01:24,31)				

Jg. 93

1.	Lena Bogoslaw	1993	SG SSF Marl-Hüls	06:16,07	385
	100m: 01:24,32 (01:24,32)	200m: 03:01,29 (01:36,97)	300m: 04:51,22 (01:49,93)		
	400m: 06:16,07 (01:24,85)				

Wettkampf 6 - 400m Lagen weiblich**Jg. 92**

1.	Jessica Steiger	1992	SG Gladbeck	05:03,86	729
	100m: 01:07,66 (01:07,66) 200m: 02:24,47 (01:16,81) 300m: 03:51,50 (01:27,03) 400m: 05:03,86 (01:12,36)				
2.	Nadine Urbanek	1992	SG Gladbeck	05:29,16	574
	100m: 01:14,12 (01:14,12) 200m: 02:38,60 (01:24,48) 300m: 04:15,65 (01:37,05) 400m: 05:29,16 (01:13,51)				
3.	Lisa Grasedieck	1992	SG Gladbeck	05:39,23	524
	100m: 01:13,39 (01:13,39) 200m: 02:46,29 (01:32,90) 300m: 04:22,26 (01:35,97) 400m: 05:39,23 (01:16,97)				
4.	Vanessa Mendritzki	1992	SV TuS 1925 Herten	06:04,75	422
	100m: 01:21,99 (01:21,99) 200m: 02:56,18 (01:34,19) 300m: 04:42,09 (01:45,91) 400m: 06:04,75 (01:22,66)				
5.	Karla Matysik	1992	SG SSF Marl-Hüls	06:13,39	393
	100m: 01:26,60 (01:26,60) 200m: 02:58,92 (01:32,32) 300m: 04:50,95 (01:52,03) 400m: 06:13,39 (01:22,44)				
6.	Kira Hendricks	1992	Bocholter WSV	06:17,90	379
	100m: 01:26,18 (01:26,18) 200m: 03:00,78 (01:34,60) 300m: 04:51,06 (01:50,28) 400m: 06:17,90 (01:26,84)				

Jg. 90/91

1.	Eileen Alex	1991	SV BW Recklinghausen	05:43,29	506
	100m: 01:10,92 (01:10,92) 200m: 02:46,92 (01:36,00) 300m: 04:21,57 (01:34,65) 400m: 05:43,29 (01:21,72)				

Offene Wertung

1.	und Bezirksmeisterin 2009				
	Jessica Steiger	1992	SG Gladbeck	05:03,86	729
	100m: 01:07,66 (01:07,66) 200m: 02:24,47 (01:16,81) 300m: 03:51,50 (01:27,03) 400m: 05:03,86 (01:12,36)				
2.	Nadine Urbanek	1992	SG Gladbeck	05:29,16	574
	100m: 01:14,12 (01:14,12) 200m: 02:38,60 (01:24,48) 300m: 04:15,65 (01:37,05) 400m: 05:29,16 (01:13,51)				
3.	Nina Steiger	1997	SG Gladbeck	05:37,13	534
	100m: 01:18,10 (01:18,10) 200m: 02:43,76 (01:25,66) 300m: 04:21,45 (01:37,69) 400m: 05:37,13 (01:15,68)				
4.	Lisa Grasedieck	1992	SG Gladbeck	05:39,23	524
	100m: 01:13,39 (01:13,39) 200m: 02:46,29 (01:32,90) 300m: 04:22,26 (01:35,97) 400m: 05:39,23 (01:16,97)				
5.	Maggy Rokyttá	1996	SG Gladbeck	05:41,65	513
	100m: 01:20,09 (01:20,09) 200m: 02:48,59 (01:28,50) 300m: 04:24,87 (01:36,28) 400m: 05:41,65 (01:16,78)				
6.	Yvonne Klomfaß	1994	SG Gladbeck	05:41,96	512
	100m: 01:13,86 (01:13,86) 200m: 02:42,34 (01:28,48) 300m: 04:25,80 (01:43,46) 400m: 05:41,96 (01:16,16)				
7.	Eileen Alex	1991	SV BW Recklinghausen	05:43,29	506
	100m: 01:10,92 (01:10,92) 200m: 02:46,92 (01:36,00) 300m: 04:21,57 (01:34,65) 400m: 05:43,29 (01:21,72)				
8.	Nele Albers	1996	SG Schwimmen Münster	05:45,08	498
	100m: 01:23,17 (01:23,17) 200m: 02:52,20 (01:29,03) 300m: 04:27,80 (01:35,60) 400m: 05:45,08 (01:17,28)				
9.	Katharina Böse	1994	SV Rheine 68 e.V.	05:53,98	461
	100m: 01:25,02 (01:25,02) 200m: 02:52,22 (01:27,20) 300m: 04:38,91 (01:46,69) 400m: 05:53,98 (01:15,07)				
10.	Michelle Klomfaß	1996	SG Gladbeck	05:54,74	458
	100m: 01:22,30 (01:22,30) 200m: 02:49,08 (01:26,78) 300m: 04:36,59 (01:47,51) 400m: 05:54,74 (01:18,15)				

abgemeldet

Antonia Arns 1996 SV Neptun Recklinghausen

nicht am Start

Celine Dämmer 1997 SVg Bottrop 1924 e.V. EnM

Wettkampf 7 - 400m Lagen männlich

Nordwestf. Meisterschaften u. Jg.-Meisterschaften der Jg. 1990 bis 1999, einschl. Mastersmeisterschaften "Lange Strecken"
Schwimmbezirk Nordwestfalen SG Gladbeck

Wettkampf 7 - 400m Lagen männlich

Jahrgang	1989 und älter	1990 - 1991	1992	1993	1994	1995	1996	1997
Pflichtzeit	06:25,00	06:25,00	06:30,00	06:35,00	06:40,00	06:45,00	07:00,00	07:30,00
Jahrgang	1998	1999						
Pflichtzeit	08:30,00	09:30,00						

Jg. 99

1.	Sven Orłowski	1999	SG Gladbeck	07:25,70	172
	100m: 02:03,23 (02:03,23)	200m: 03:48,45 (01:45,22)	300m: 05:46,02 (01:57,57)		
	400m: 07:25,70 (01:39,68)				
2.	Philip Terhorst	1999	TSV Bocholt	07:27,93	170
	100m: 01:57,25 (01:57,25)	200m: 03:46,77 (01:49,52)	300m: 05:53,52 (02:06,75)		
	400m: 07:27,93 (01:34,41)				
3.	Philipp Demler	1999	SVg Bottrop 1924 e.V.	07:36,53	160
	100m: 01:50,44 (01:50,44)	200m: 03:42,09 (01:51,65)	300m: 05:52,09 (02:10,00)		
	400m: 07:36,53 (01:44,44)				
4.	Marius Uesbeck	1999	SV Epe 1959	08:12,82	127
	100m: 02:06,68 (02:06,68)	200m: 04:06,03 (01:59,35)	300m: 06:27,10 (02:21,07)		
	400m: 08:12,82 (01:45,72)				

Jg. 98

1.	Moritz Walaschewski	1998	SG Schwimmen Münster	06:05,11	314
	100m: 01:28,99 (01:28,99)	200m: 02:59,31 (01:30,32)	300m: 04:44,37 (01:45,06)		
	400m: 06:05,11 (01:20,74)				
2.	Nicolai Rahm	1998	SG Schwimmen Münster	06:24,04	270
	100m: 01:29,95 (01:29,95)	200m: 03:03,82 (01:33,87)	300m: 05:00,32 (01:56,50)		
	400m: 06:24,04 (01:23,72)				
3.	Anthony Radtke	1998	SG Gladbeck	06:46,26	228
	100m: 01:39,66 (01:39,66)	200m: 03:15,00 (01:35,34)	300m: 05:17,46 (02:02,46)		
	400m: 06:46,26 (01:28,80)				
4.	Jean-Paul Klomfaß	1998	SG Gladbeck	06:59,51	207
	100m: 01:43,54 (01:43,54)	200m: 03:28,64 (01:45,10)	300m: 05:28,13 (01:59,49)		
	400m: 06:59,51 (01:31,38)				
5.	Leon Leuker	1998	SV Epe 1959	07:11,54	190
	100m: 01:51,13 (01:51,13)	200m: 03:45,09 (01:53,96)	300m: 05:37,86 (01:52,77)		
	400m: 07:11,54 (01:33,68)				

Jg. 97

1.	Maximilian Holle	1997	SG Schwimmen Münster	06:08,17	306
	100m: 01:24,06 (01:24,06)	200m: 03:00,42 (01:36,36)	300m: 04:42,19 (01:41,77)		
	400m: 06:08,17 (01:25,98)				
2.	Florian Fell	1997	SG Schwimmen Münster	06:12,04	297
	100m: 01:32,07 (01:32,07)	200m: 03:05,89 (01:33,82)	300m: 04:48,26 (01:42,37)		
	400m: 06:12,04 (01:23,78)				
3.	Joshua Loges	1997	SG Gladbeck	06:14,57	291
	100m: 01:27,23 (01:27,23)	200m: 03:05,48 (01:38,25)	300m: 04:53,76 (01:48,28)		
	400m: 06:14,57 (01:20,81)				
4.	Marco Bertelsbeck	1997	SG Schwimmen Münster	06:23,00	272
	100m: 01:24,27 (01:24,27)	200m: 03:02,62 (01:38,35)	300m: 04:59,08 (01:56,46)		
	400m: 06:23,00 (01:23,92)				
5.	Luca Roekens	1997	SG Schwimmen Münster	06:23,85	270
	100m: 01:34,92 (01:34,92)	200m: 03:11,39 (01:36,47)	300m: 05:00,29 (01:48,90)		
	400m: 06:23,85 (01:23,56)				
6.	Joshua Vedral	1997	SG Schwimmen Münster	06:28,16	261
	100m: 01:39,75 (01:39,75)	200m: 03:19,62 (01:39,87)	300m: 05:02,49 (01:42,87)		
	400m: 06:28,16 (01:25,67)				
7.	Maximilian Böse	1997	SV Rheine 68 e.V.	06:35,39	247
	100m: 01:39,20 (01:39,20)	200m: 03:19,10 (01:39,90)	300m: 05:10,48 (01:51,38)		
	400m: 06:35,39 (01:24,91)				
8.	Nicolas Fell	1997	SG Schwimmen Münster	06:38,19	242
	100m: 01:40,50 (01:40,50)	200m: 03:19,00 (01:38,50)	300m: 05:13,03 (01:54,03)		
	400m: 06:38,19 (01:25,16)				
9.	Arne Steentjes	1997	TSV Bocholt	06:43,64	232
	100m: 01:43,09 (01:43,09)	200m: 03:24,48 (01:41,39)	300m: 05:19,00 (01:54,52)		
	400m: 06:43,64 (01:24,64)				
10.	Mika Pietsch	1997	SG Schwimmen Münster	06:53,82	215
	100m: 01:38,67 (01:38,67)	200m: 03:18,92 (01:40,25)	300m: 05:18,16 (01:59,24)		
	400m: 06:53,82 (01:35,66)				

Wettkampf 7 - 400m Lagen männlich

Jg. 97

abgemeldet

Lars Wojaczek

1997 SV BW Recklinghausen

Jg. 96

1.	Henning Kunkel	1996	SG Gladbeck	05:41,89	382
	100m: 01:24,45 (01:24,45) 200m: 02:55,32 (01:30,87) 300m: 04:25,48 (01:30,16) 400m: 05:41,89 (01:16,41)				
2.	Steffen Wirgs	1996	SG Gladbeck	05:47,87	363
	100m: 01:49,40 (01:49,40) 200m: 02:49,87 (01:00,47) 300m: 04:29,65 (01:39,78) 400m: 05:47,87 (01:18,22)				
3.	Pascal Krause	1996	SG Gladbeck	05:50,16	356
	100m: 01:27,02 (01:27,02) 200m: 02:55,04 (01:28,02) 300m: 04:33,26 (01:38,22) 400m: 05:50,16 (01:16,90)				
4.	Jan Hächtebrock	1996	SG Gladbeck	06:02,36	321
	100m: 01:28,02 (01:28,02) 200m: 02:58,04 (01:30,02) 300m: 04:39,42 (01:41,38) 400m: 06:02,36 (01:22,94)				
5.	Nikolai Hochbein	1996	SV Neptun Erkenschwick	06:04,97	314
	100m: 01:25,24 (01:25,24) 200m: 02:59,22 (01:33,98) 300m: 04:41,31 (01:42,09) 400m: 06:04,97 (01:23,66)				
6.	Julian Erlhoff	1996	SG Gladbeck	06:30,42	257
	100m: 01:34,93 (01:34,93) 200m: 03:06,78 (01:31,85) 300m: 05:05,21 (01:58,43) 400m: 06:30,42 (01:25,21)				
7.	Alexander Goldbach	1996	SG Gladbeck	06:43,48	232
	100m: 01:39,81 (01:39,81) 200m: 03:17,30 (01:37,49) 300m: 05:19,75 (02:02,45) 400m: 06:43,48 (01:23,73)				
8.	Nick Harbring	1996	TSV Bocholt	06:53,46	216
	100m: 01:41,22 (01:41,22) 200m: 03:31,21 (01:49,99) 300m: 05:52,66 (02:21,45) 400m: 06:53,46 (01:00,80)				

Jg. 95

1.	Tim Okunneck	1995	SV BW Recklinghausen	05:36,53	401
	100m: 01:13,50 (01:13,50) 200m: 02:42,68 (01:29,18) 300m: 04:23,72 (01:41,04) 400m: 05:36,53 (01:12,81)				
2.	Julian Maretzek	1995	SG Gladbeck	05:50,02	356
	100m: 01:18,36 (01:18,36) 200m: 02:45,92 (01:27,56) 300m: 04:33,60 (01:47,68) 400m: 05:50,02 (01:16,42)				
3.	Lukas Kruse	1995	SG SSF Marl-Hüls	05:59,60	329
	100m: 01:29,26 (01:29,26) 200m: 03:01,80 (01:32,54) 300m: 04:41,54 (01:39,74) 400m: 05:59,60 (01:18,06)				
4.	Michael Wittenbrink	1995	SG Gladbeck	06:10,22	301
	100m: 01:32,41 (01:32,41) 200m: 03:03,86 (01:31,45) 300m: 04:49,99 (01:46,13) 400m: 06:10,22 (01:20,23)				
5.	Christopher Lissek	1995	SG SSF Marl-Hüls	06:24,51	269
	100m: 01:32,59 (01:32,59) 200m: 03:07,59 (01:35,00) 300m: 04:58,84 (01:51,25) 400m: 06:24,51 (01:25,67)				
6.	Henning Eichmann	1995	Wfr. Atlantis Lembeck e.V.	06:26,45	265
	100m: 01:36,86 (01:36,86) 200m: 03:15,02 (01:38,16) 300m: 05:00,51 (01:45,49) 400m: 06:26,45 (01:25,94)				
7.	Joshua Biniek	1995	SV Neptun Erkenschwick	07:18,02	182
	100m: 01:45,76 (01:45,76) 200m: 03:41,54 (01:55,78) 300m: 05:39,26 (01:57,72) 400m: 07:18,02 (01:38,76)				

Jg. 94

1.	Lukas Hermeler	1994	SG Gladbeck	05:18,60	473
	100m: 01:17,20 (01:17,20) 200m: 02:39,02 (01:21,82) 300m: 04:06,04 (01:27,02) 400m: 05:18,60 (01:12,56)				
2.	Lars Klaphecke	1994	SG Gladbeck	05:28,10	433
	100m: 01:13,68 (01:13,68) 200m: 02:38,43 (01:24,75) 300m: 04:17,37 (01:38,94) 400m: 05:28,10 (01:10,73)				
3.	Philipp Dronia	1994	SG Gladbeck	05:28,83	430
	100m: 01:15,93 (01:15,93) 200m: 02:39,05 (01:23,12) 300m: 04:17,53 (01:38,48) 400m: 05:28,83 (01:11,30)				
4.	Maurice Schrewelius	1994	SG Gladbeck	05:28,92	429
	100m: 01:10,53 (01:10,53) 200m: 02:39,65 (01:29,12) 300m: 04:18,16 (01:38,51) 400m: 05:28,92 (01:10,76)				

Wettkampf 7 - 400m Lagen männlich**Jg. 94**

5.	Lennart Treder	1994	SV BW Recklinghausen	05:32,67	415
	100m: 01:11,16 (01:11,16)	200m: 02:36,39 (01:25,23)	300m: 04:17,13 (01:40,74)		
	400m: 05:32,67 (01:15,54)				
6.	Erik Mertens	1994	SG SSF Marl-Hüls	05:35,90	403
	100m: 01:23,93 (01:23,93)	200m: 02:48,75 (01:24,82)	300m: 04:20,41 (01:31,66)		
	400m: 05:35,90 (01:15,49)				

Jg. 93

1.	Marius Kusch	1993	SV BW Recklinghausen	05:09,28	517
	100m: 01:07,87 (01:07,87)	200m: 02:31,47 (01:23,60)	300m: 03:58,91 (01:27,44)		
	400m: 05:09,28 (01:10,37)				
2.	Thomas Schenk	1993	SG Gladbeck	05:24,38	448
	100m: 01:18,28 (01:18,28)	200m: 02:42,68 (01:24,40)	300m: 04:12,03 (01:29,35)		
	400m: 05:24,38 (01:12,35)				
3.	Marcus Heidenhof	1993	SVg Bottrop 1924 e.V.	05:33,02	414
	100m: 01:13,57 (01:13,57)	200m: 02:40,57 (01:27,00)	300m: 04:20,20 (01:39,63)		
	400m: 05:33,02 (01:12,82)				
4.	Jan Dombrowski	1993	SG Gladbeck	05:38,75	393
	100m: 01:16,22 (01:16,22)	200m: 02:42,60 (01:26,38)	300m: 04:20,81 (01:38,21)		
	400m: 05:38,75 (01:17,94)				
5.	Niklas Kowalski	1993	SVg Bottrop 1924 e.V.	06:23,95	270
	100m: 01:20,96 (01:20,96)	200m: 03:05,08 (01:44,12)	300m: 04:55,62 (01:50,54)		
	400m: 06:23,95 (01:28,33)				

abgemeldet

Alexander Langer	1993	SVg Bottrop 1924 e.V.
Tobias Sander	1993	SV BW Recklinghausen

Jg. 92

1.	Philipp Siedlaczek	1992	SG Gladbeck	04:56,29	588
	100m: 01:07,29 (01:07,29)	200m: 02:21,29 (01:14,00)	300m: 03:48,04 (01:26,75)		
	400m: 04:56,29 (01:08,25)				
2.	Florian Zellin	1992	SV BW Recklinghausen	05:25,40	444
	100m: 01:07,06 (01:07,06)	200m: 02:35,21 (01:28,15)	300m: 04:07,87 (01:32,66)		
	400m: 05:25,40 (01:17,53)				
3.	Marvin Kunze	1992	Poseidon Castrop-Rauxel	05:31,07	421
	100m: 01:05,32 (01:05,32)	200m: 02:36,07 (01:30,75)	300m: 04:11,16 (01:35,09)		
	400m: 05:31,07 (01:19,91)				
4.	Alexander Bähr	1992	SG Gladbeck	05:37,58	397
	100m: 01:21,25 (01:21,25)	200m: 02:45,43 (01:24,18)	300m: 04:22,75 (01:37,32)		
	400m: 05:37,58 (01:14,83)				
5.	David Gercke	1992	Schwimmverein Haltern	06:11,90	297
	100m: 01:27,99 (01:27,99)	200m: 03:05,50 (01:37,51)	300m: 04:47,15 (01:41,65)		
	400m: 06:11,90 (01:24,75)				
6.	Adrian Brink	1992	Schwimmverein Haltern	06:25,88	266
	100m: 01:27,43 (01:27,43)	200m: 03:04,40 (01:36,97)	300m: 04:53,09 (01:48,69)		
	400m: 06:25,88 (01:32,79)				

abgemeldet

Vincent Zellin	1992	SV BW Recklinghausen
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Jg. 90/91

1.	Christopher Huber	1990	SG Gladbeck	04:48,89	634
	100m: 01:03,62 (01:03,62)	200m: 02:14,02 (01:10,40)	300m: 03:39,72 (01:25,70)		
	400m: 04:48,89 (01:09,17)				
2.	Christian Wittenbrink	1991	SG Gladbeck	05:17,54	477
	100m: 01:13,70 (01:13,70)	200m: 02:32,51 (01:18,81)	300m: 04:07,23 (01:34,72)		
	400m: 05:17,54 (01:10,31)				
3.	Jan Schmidt	1990	SV BW Recklinghausen	05:28,84	430
	100m: 01:11,58 (01:11,58)	200m: 02:36,55 (01:24,97)	300m: 04:09,93 (01:33,38)		
	400m: 05:28,84 (01:18,91)				
4.	Simon Oelmann	1991	Schwimmverein Haltern	06:07,03	309
	100m: 01:23,64 (01:23,64)	200m: 02:54,59 (01:30,95)	300m: 04:42,80 (01:48,21)		
	400m: 06:07,03 (01:24,23)				

Wettkampf 7 - 400m Lagen männlich**Offene Wertung**

1.	und Bezirksmeister 2009						
	Christopher Huber	1990	SG Gladbeck	04:48,89	634		
	100m: 01:03,62 (01:03,62)	200m: 02:14,02 (01:10,40)	300m: 03:39,72 (01:25,70)				
	400m: 04:48,89 (01:09,17)						
2.	Philipp Siedlaczek	1992	SG Gladbeck	04:56,29	588		
	100m: 01:07,29 (01:07,29)	200m: 02:21,29 (01:14,00)	300m: 03:48,04 (01:26,75)				
	400m: 04:56,29 (01:08,25)						
3.	Marius Kusch	1993	SV BW Recklinghausen	05:09,28	517		
	100m: 01:07,87 (01:07,87)	200m: 02:31,47 (01:23,60)	300m: 03:58,91 (01:27,44)				
	400m: 05:09,28 (01:10,37)						
4.	Christian Wittenbrink	1991	SG Gladbeck	05:17,54	477		
	100m: 01:13,70 (01:13,70)	200m: 02:32,51 (01:18,81)	300m: 04:07,23 (01:34,72)				
	400m: 05:17,54 (01:10,31)						
5.	Lukas Hermeler	1994	SG Gladbeck	05:18,60	473		
	100m: 01:17,20 (01:17,20)	200m: 02:39,02 (01:21,82)	300m: 04:06,04 (01:27,02)				
	400m: 05:18,60 (01:12,56)						
6.	Thomas Schenk	1993	SG Gladbeck	05:24,38	448		
	100m: 01:18,28 (01:18,28)	200m: 02:42,68 (01:24,40)	300m: 04:12,03 (01:29,35)				
	400m: 05:24,38 (01:12,35)						
7.	Florian Zellin	1992	SV BW Recklinghausen	05:25,40	444		
	100m: 01:07,06 (01:07,06)	200m: 02:35,21 (01:28,15)	300m: 04:07,87 (01:32,66)				
	400m: 05:25,40 (01:17,53)						
8.	Lars Klaphecke	1994	SG Gladbeck	05:28,10	433		
	100m: 01:13,68 (01:13,68)	200m: 02:38,43 (01:24,75)	300m: 04:17,37 (01:38,94)				
	400m: 05:28,10 (01:10,73)						
9.	Philipp Dronia	1994	SG Gladbeck	05:28,83	430		
	100m: 01:15,93 (01:15,93)	200m: 02:39,05 (01:23,12)	300m: 04:17,53 (01:38,48)				
	400m: 05:28,83 (01:11,30)						
10.	Jan Schmidt	1990	SV BW Recklinghausen	05:28,84	430		
	100m: 01:11,58 (01:11,58)	200m: 02:36,55 (01:24,97)	300m: 04:09,93 (01:33,38)				
	400m: 05:28,84 (01:18,91)						

abgemeldet

Lars Wojaczek	1997	SV BW Recklinghausen
Alexander Langer	1993	SVg Bottrop 1924 e.V.
Tobias Sander	1993	SV BW Recklinghausen
Vincent Zellin	1992	SV BW Recklinghausen

Wettkampf 8 - 1500m Freistil weiblich

Jahrgang 1999 und älter
Pflichtzeit 23:00,00

Offene Wertung

1.	und Bezirksmeisterin 2009						
	Marjona Lewandowsky	1991	SVg Bottrop 1924 e.V.	19:19,12	554		
	200m: 02:25,75 (02:25,75)	300m: 03:42,55 (01:16,80)	400m: 04:59,03 (01:16,48)				
	500m: 06:16,31 (01:17,28)	600m: 07:34,37 (01:18,06)	700m: 08:51,82 (01:17,45)				
	800m: 10:10,40 (01:18,58)	900m: 11:29,00 (01:18,60)	1000m: 12:47,59 (01:18,59)				
	1100m: 14:05,75 (01:18,16)	1200m: 15:23,90 (01:18,15)	1300m: 16:42,97 (01:19,07)				
	1400m: 18:02,56 (01:19,59)	1500m: 19:19,12 (01:16,56)					
2.	Sarah Rentmeister	1989	Wfr. Atlantis Lembeck e.V.	19:55,12	505		
	100m: 01:10,18 (01:10,18)	200m: 02:27,43 (01:17,25)	300m: 03:47,03 (01:19,60)				
	400m: 05:07,50 (01:20,47)	500m: 06:28,52 (01:21,02)	600m: 07:49,93 (01:21,41)				
	700m: 09:10,99 (01:21,06)	800m: 10:31,89 (01:20,90)	900m: 11:53,68 (01:21,79)				
	1000m: 13:15,49 (01:21,81)	1100m: 14:36,49 (01:21,00)	1200m: 15:57,24 (01:20,75)				
	1300m: 17:18,40 (01:21,16)	1400m: 18:38,51 (01:20,11)	1500m: 19:55,12 (01:16,61)				
3.	Franziska Tiex	1992	SG Gladbeck	21:43,45	389		
	100m: 01:16,92 (01:16,92)	200m: 02:45,39 (01:28,47)	300m: 04:15,54 (01:30,15)				
	400m: 05:44,95 (01:29,41)	500m: 07:11,70 (01:26,75)	600m: 08:38,76 (01:27,06)				
	700m: 10:06,80 (01:28,04)	800m: 11:34,39 (01:27,59)	900m: 13:02,89 (01:28,50)				
	1000m: 14:31,36 (01:28,47)	1100m: 15:57,80 (01:26,44)	1200m: 17:25,39 (01:27,59)				
	1300m: 18:54,00 (01:28,61)	1400m: 20:19,54 (01:25,54)	1500m: 21:43,45 (01:23,91)				

Wettkampf 8 - 1500m Freistil weiblich**Offene Wertung**

4.	Vera Schlautmann	1994	TVE Greven	21:50,68	383
	100m: 01:16,09 (01:16,09) 200m: 02:41,95 (01:25,86) 300m: 04:08,90 (01:26,95)				
	400m: 05:36,90 (01:28,00) 500m: 07:06,82 (01:29,92) 600m: 08:35,81 (01:28,99)				
	700m: 10:04,03 (01:28,22) 800m: 11:33,40 (01:29,37) 900m: 13:02,59 (01:29,19)				
	1000m: 14:30,68 (01:28,09) 1100m: 15:58,71 (01:28,03) 1200m: 17:26,42 (01:27,71)				
	1300m: 18:55,24 (01:28,82) 1400m: 20:25,17 (01:29,93) 1500m: 21:50,68 (01:25,51)				

abgemeldet

Johanna Kallhoff 1995 SV TuS 1925 Herten

Wettkampf 9 - 1500m Freistil männlich

Keine Pflichtzeiten

AK65

1.	Karl-Heinz Neuhaus	1942/AK65	SG Gladbeck	26:12,86	680
	100m: 01:33,57 (01:33,57) 200m: 03:21,04 (01:47,47) 300m: 05:08,36 (01:47,32)				
	400m: 06:53,89 (01:45,53) 500m: 08:40,20 (01:46,31) 600m: 10:25,80 (01:45,60)				
	700m: 12:09,73 (01:43,93) 800m: 13:56,26 (01:46,53) 900m: 15:41,76 (01:45,50)				
	1000m: 17:26,02 (01:44,26) 1100m: 19:10,29 (01:44,27) 1200m: 20:55,64 (01:45,35)				
	1300m: 22:39,86 (01:44,22) 1400m: 24:23,60 (01:43,74) 1500m: 26:12,86 (01:49,26)				

AK50

1.	Andreas Wenning	1956/AK50	Bocholter WSV	23:12,26	533
	100m: 01:20,02 (01:20,02) 200m: 02:50,02 (01:30,00) 300m: 04:22,36 (01:32,34)				
	400m: 05:55,86 (01:33,50) 500m: 07:28,64 (01:32,78) 600m: 09:02,39 (01:33,75)				
	700m: 10:36,45 (01:34,06) 800m: 12:10,39 (01:33,94) 900m: 13:44,04 (01:33,65)				
	1000m: 15:18,77 (01:34,73) 1100m: 16:54,17 (01:35,40) 1200m: 18:29,11 (01:34,94)				
	1300m: 20:04,39 (01:35,28) 1400m: 21:38,89 (01:34,50) 1500m: 23:12,26 (01:33,37)				

AK45

1.	Udo Aupke	1961/AK45	TV-Emsdetten	23:05,16	460
	100m: 01:20,96 (01:20,96) 200m: 02:52,18 (01:31,22) 300m: 04:25,19 (01:33,01)				
	400m: 05:59,18 (01:33,99) 500m: 07:33,56 (01:34,38) 600m: 09:08,02 (01:34,46)				
	700m: 10:42,09 (01:34,07) 800m: 12:15,91 (01:33,82) 900m: 13:50,27 (01:34,36)				
	1000m: 15:25,03 (01:34,76) 1100m: 16:59,37 (01:34,34) 1200m: 18:32,65 (01:33,28)				
	1300m: 20:05,78 (01:33,13) 1400m: 21:39,09 (01:33,31) 1500m: 23:05,16 (01:26,07)				

AK40abgemeldet

Roland Klein-Bölting 1967/AK40 Bocholter WSV

AK35

1.	Alexander Janitzki	1973/AK35	Bocholter WSV	18:35,63	742
	100m: 01:09,49 (01:09,49) 200m: 02:24,77 (01:15,28) 300m: 03:40,89 (01:16,12)				
	400m: 04:56,55 (01:15,66) 500m: 06:12,74 (01:16,19) 600m: 07:27,77 (01:15,03)				
	700m: 08:43,28 (01:15,51) 800m: 09:57,68 (01:14,40) 900m: 11:11,11 (01:13,43)				
	1000m: 12:26,02 (01:14,91) 1100m: 13:40,24 (01:14,22) 1200m: 14:54,65 (01:14,41)				
	1300m: 16:08,96 (01:14,31) 1400m: 17:22,19 (01:13,23) 1500m: 18:35,63 (01:13,44)				

AK25

1.	Stefan Purwin	1981/AK25	SG Gladbeck	21:30,64	453
	100m: 01:18,73 (01:18,73) 200m: 02:44,82 (01:26,09) 300m: 04:12,29 (01:27,47)				
	400m: 05:37,67 (01:25,38) 500m: 07:04,57 (01:26,90) 600m: 08:30,64 (01:26,07)				
	700m: 09:57,20 (01:26,56) 800m: 11:23,32 (01:26,12) 900m: 12:51,70 (01:28,38)				
	1000m: 14:20,07 (01:28,37) 1100m: 15:46,80 (01:26,73) 1200m: 17:13,48 (01:26,68)				
	1300m: 18:38,39 (01:24,91) 1400m: 20:07,76 (01:29,37) 1500m: 21:30,64 (01:22,88)				

Wettkampf 10 - 800m Freistil männlich

Wettkampf 10 - 800m Freistil männlich

Jahrgang

1999 und älter

Pflichtzeit

12:00,00

Offene Wertung

1. und Bezirksmeister 2009

Maurice Krause	1994	SG Gladbeck	09:29,84	523
100m: 01:07,02 (01:07,02) 200m: 02:20,29 (01:13,27) 300m: 03:32,94 (01:12,65)				
400m: 04:44,90 (01:11,96) 500m: 05:57,93 (01:13,03) 600m: 07:08,30 (01:10,37)				
700m: 08:22,28 (01:13,98) 800m: 09:29,84 (01:07,56)				
Oliver Mohs	1993	TSG Kirchhellen	09:56,92	455
100m: 01:03,68 (01:03,68) 200m: 02:18,18 (01:14,50) 300m: 03:34,84 (01:16,66)				
400m: 04:51,65 (01:16,81) 500m: 06:09,99 (01:18,34) 600m: 07:28,12 (01:18,13)				
700m: 08:43,82 (01:15,70) 800m: 09:56,92 (01:13,10)				
Kai Kraus	1986	SG Gladbeck	10:05,39	436
100m: 01:06,84 (01:06,84) 200m: 02:20,16 (01:13,32) 300m: 03:33,62 (01:13,46)				
400m: 04:50,21 (01:16,59) 500m: 06:08,78 (01:18,57) 600m: 07:28,21 (01:19,43)				
700m: 08:47,12 (01:18,91) 800m: 10:05,39 (01:18,27)				
Lukas Hermeler	1994	SG Gladbeck	10:06,76	433
100m: 01:09,87 (01:09,87) 200m: 02:26,36 (01:16,49) 300m: 03:43,45 (01:17,09)				
400m: 05:01,52 (01:18,07) 500m: 06:19,15 (01:17,63) 600m: 07:35,42 (01:16,27)				
700m: 08:51,74 (01:16,32) 800m: 10:06,76 (01:15,02)				
Jan Dombrowski	1993	SG Gladbeck	10:21,57	403
100m: 01:08,02 (01:08,02) 200m: 02:23,23 (01:15,21) 300m: 03:38,76 (01:15,53)				
400m: 04:56,92 (01:18,16) 500m: 06:16,16 (01:19,24) 600m: 07:35,13 (01:18,97)				
700m: 09:01,12 (01:25,99) 800m: 10:21,57 (01:20,45)				
David Mossakowski	1995	SG Gladbeck	10:24,98	396
100m: 01:11,27 (01:11,27) 200m: 02:31,06 (01:19,79) 300m: 03:51,37 (01:20,31)				
400m: 05:11,61 (01:20,24) 500m: 06:33,46 (01:21,85) 600m: 07:54,74 (01:21,28)				
700m: 09:14,30 (01:19,56) 800m: 10:24,98 (01:10,68)				
Nils Böhmer	1995	SV TuS 1925 Herten	11:03,07	332
100m: 01:15,54 (01:15,54) 200m: 02:39,02 (01:23,48) 300m: 04:01,39 (01:22,37)				
400m: 05:26,20 (01:24,81) 500m: 06:50,54 (01:24,34) 600m: 08:14,86 (01:24,32)				
700m: 09:39,95 (01:25,09) 800m: 11:03,07 (01:23,12)				
Dennis Kurtenbach	1991	SV Neptun Erkenschwick	11:46,54	274
100m: 01:10,51 (01:10,51) 200m: 02:37,02 (01:26,51) 300m: 04:07,36 (01:30,34)				
400m: 05:40,11 (01:32,75) 500m: 07:13,51 (01:33,40) 600m: 08:46,77 (01:33,26)				
700m: 10:18,42 (01:31,65) 800m: 11:46,54 (01:28,12)				

abgemeldet

Niclas Blanc	1995	SG Gladbeck
Denis Gajda	1990	SVg Bottrop 1924 e.V.
Daniel Schwinning	1991	Bocholter WSV

Wettkampf 11 - 400m Lagen weiblich

Keine Pflichtzeiten

Wettkampf 12 - 400m Lagen männlich

Keine Pflichtzeiten

AK40

1. Mark Siebert	1967/AK40	SG SSF Marl-Hüls	05:50,99	632
100m: 01:20,89 (01:20,89) 200m: 02:56,96 (01:36,07) 300m: 04:31,64 (01:34,68)				
400m: 05:50,99 (01:19,35)				

AK35

1. Carsten Künsken	1970/AK35	SG SSF Marl-Hüls	05:28,29	718
100m: 01:23,57 (01:23,57) 200m: 02:58,10 (01:34,53) 300m: 04:40,51 (01:42,41)				
400m: 05:28,29 (00:47,78)				
2. Alexander Janitzki	1973/AK35	Bocholter WSV	05:34,60	678
100m: 01:11,00 (01:11,00) 200m: 02:44,65 (01:33,65) 300m: 04:17,74 (01:33,09)				
400m: 05:34,60 (01:16,86)				

Nordwestf. Meisterschaften u. Jg.-Meisterschaften der Jg. 1990 bis 1999, einschl. Mastersmeisterschaften "Lange Strecken"
Schwimmbezirk Nordrhein-Westfalen SG Gladbeck

Abschnittsende: 18:06 Uhr
Protokollende: 18:20 Uhr

Schiedsrichter

Protokollführer